

## ***WP-7: Clinical Practice Guidelines & CDSTs***

April 20, 2026

*Endo-ERN GA*

**Charlotte Gaasterland, on behalf of WP-7**

*Guideline methodologist for Endo-ERN*



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the European Union

## Work package members

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## Topics



- Three ongoing guideline projects
- Endorsement strategy: results of survey and new strategy
- Discussion

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- **Three ongoing guideline projects**
- Endorsement strategy: results of survey and new strategy
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## Congenital hypopituitarism



- Survey on diagnosis and treatment
- What are the most salient topics?
- Results presented at ESE/ESPE 2027



## Hypoadrenalism replacement therapy



- Working group almost complete, invitations will be sent shortly
- focus will be on primary adrenal insufficiency and monitoring target
- Results presented at ESE/ESPE 2027

## Hypothalamic obesity



- Chairs complete
- Working group to be decided
- Topics to be decided

## Topics



- Three ongoing guideline projects
- **Endorsement strategy: results of survey and new strategy**
- Discussion

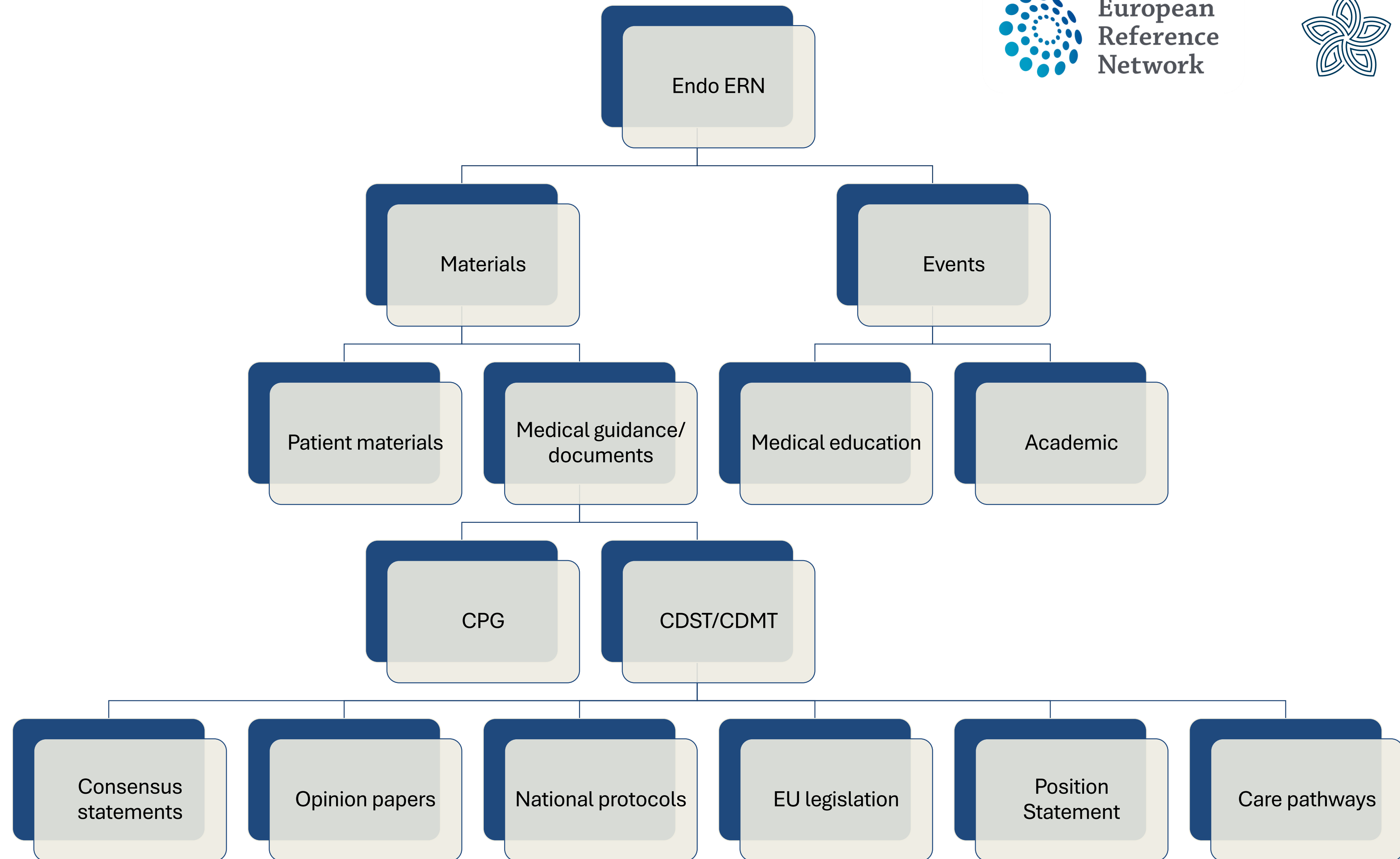
## Why is endorsement important?

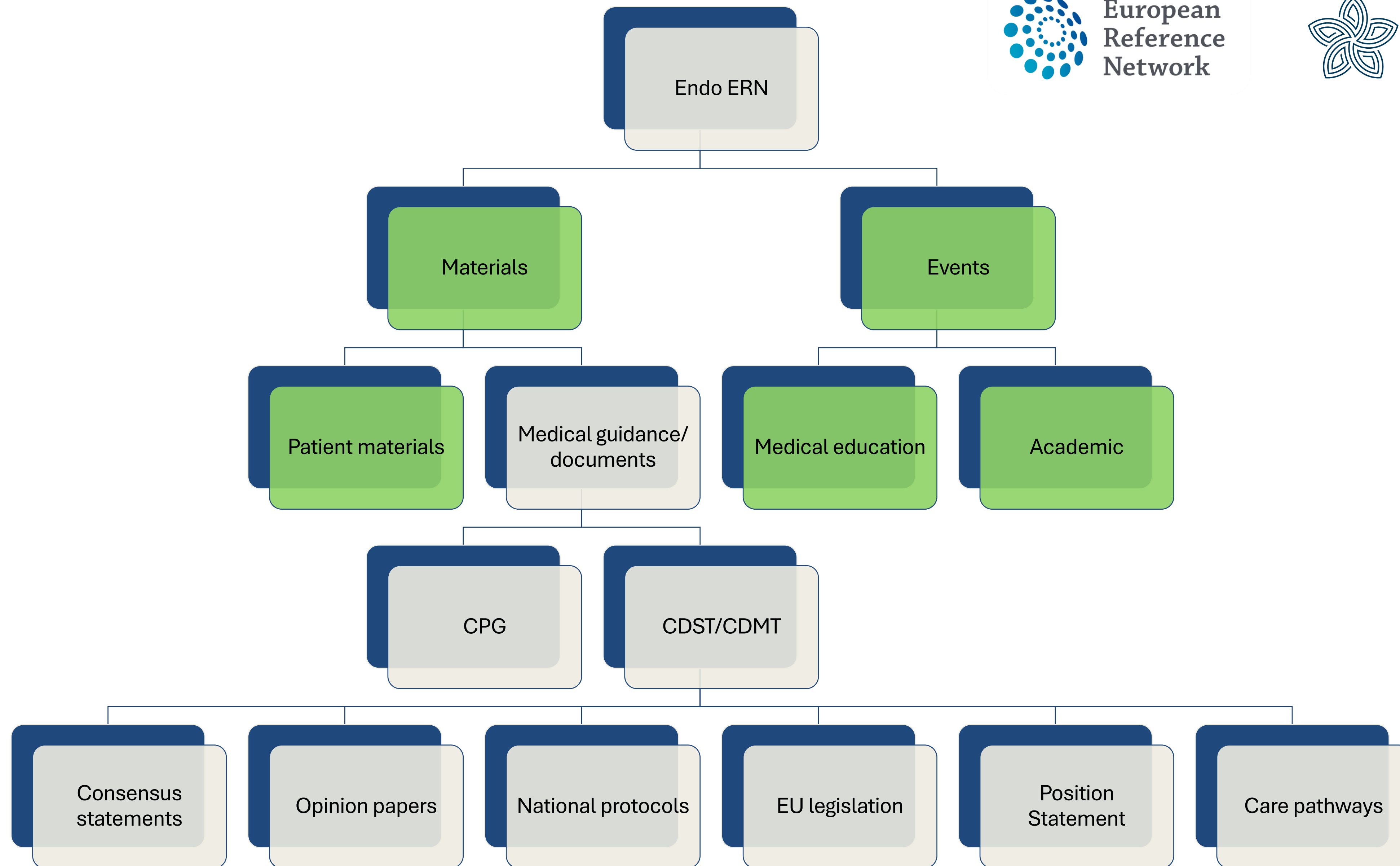
- Endorsement by experts holds power over what information we can trust
- Everything included on our website holds this power

## Why do we need a procedure?

- We need criteria, otherwise that power is meaningless
- Only trusted/reliable/agreed documents – but what do we mean with trusted/reliable/agreed?







## Process



Presentation GA 2025

Survey

Analysis of results

Presentation GA 2026

Finalize the  
procedure/answers to  
final questions, finish  
Delphi cross-ERN

Presentation to  
steering committee  
autumn 2026

Update website  
content

New policy  
implemented!

Paper on  
endorsement strategy,  
survey and Endo-ERN  
approach

## Criteria CDST/CDMT

- Publication was made with a group of international experts;
- Experts represent multiple disciplines;
- Recommendations focus on both pediatric and adult endocrinology;
- Patient representatives were involved (this is preferable, but not a strict criterion)

## Procedure

- After evaluation by WP7, the chairs of the MTG that is best suited to the topic will be asked for their clinical feedback on the statement and the recommendations that the statement provides. When they are all in favor, the statement can be endorsed by Endo-ERN and will be listed as endorsed document on the website.

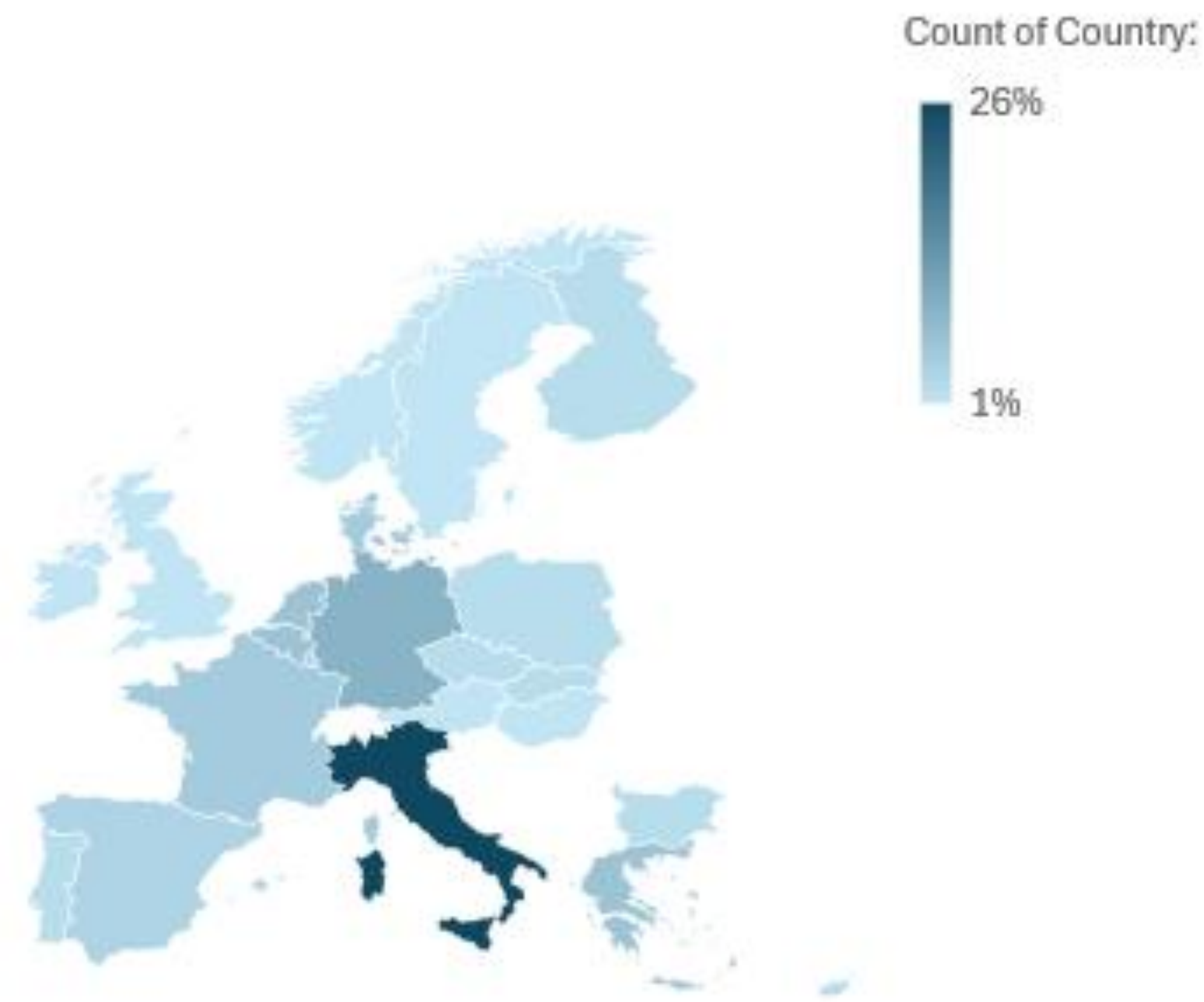
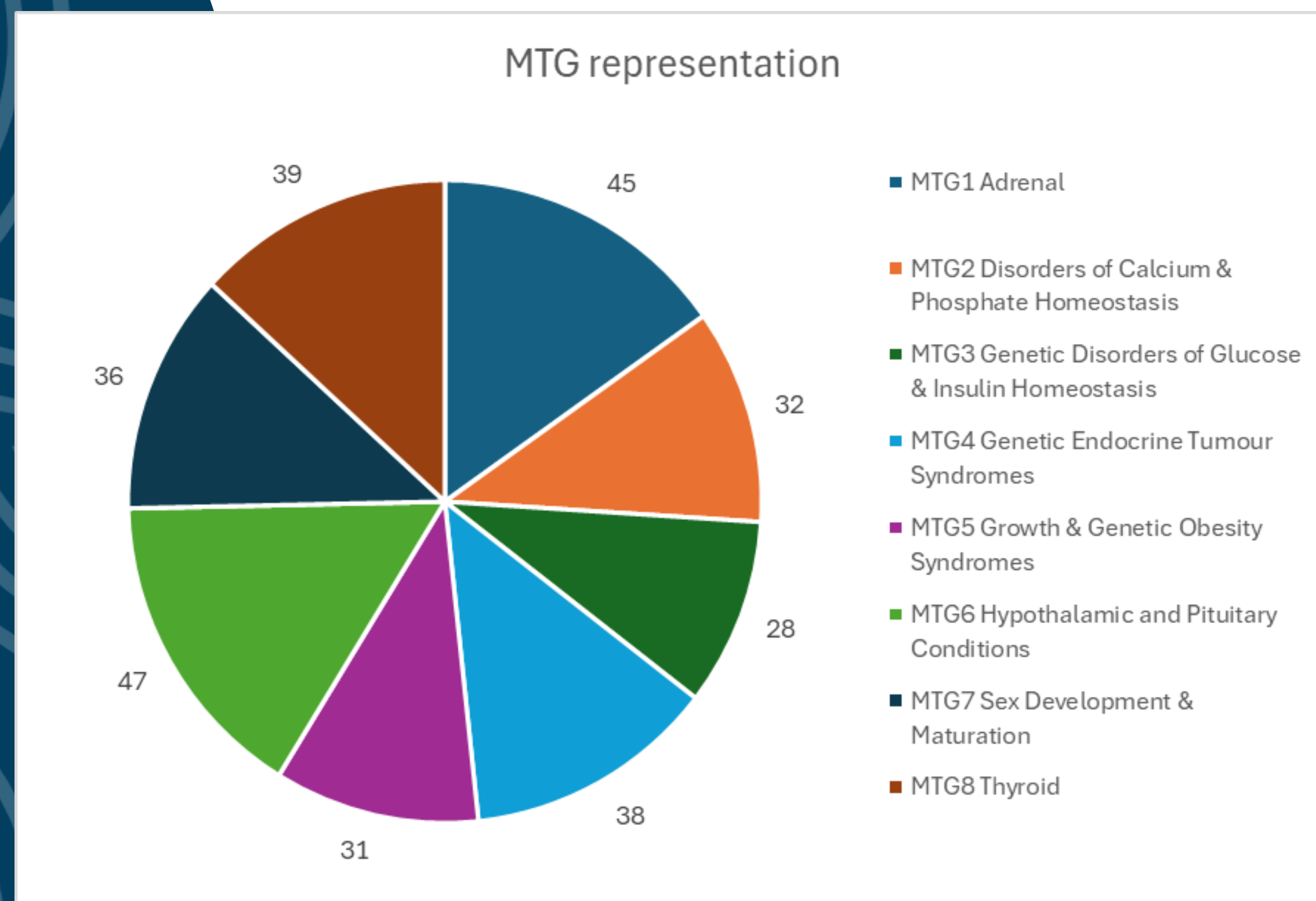
## Criteria CPGs

- Publication was made with a group of international experts;
- Experts represent multiple disciplines;
- Recommendations focus on both pediatric and adult endocrinology;
- Patient representatives were involved
- There is a clear and systematic methodology regarding the finding and evaluation of the evidence that is used in the CPG
- There is transparency and a clear strategy on conflicts of interests

## Procedure

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## Submissions – 77 total





## What do you think endorsement of a document by Endo-ERN should mean?



European  
Reference  
Network



Endo-ERN

|                                                                       |        |
|-----------------------------------------------------------------------|--------|
| The document's recommendations should be followed by Endo-ERN members | 28,57% |
| The document's recommendations should be known by Endo-ERN members    | 50,65% |
| The Endo-ERN members should be aware of the document                  | 19,48% |

*My understanding of endorsement of a document by EndoERN should mean, is that the document/meeting should be **supported or approved by EndoERN**. Therefore EndoERN should know about the document's recommendations and approve its publication.*

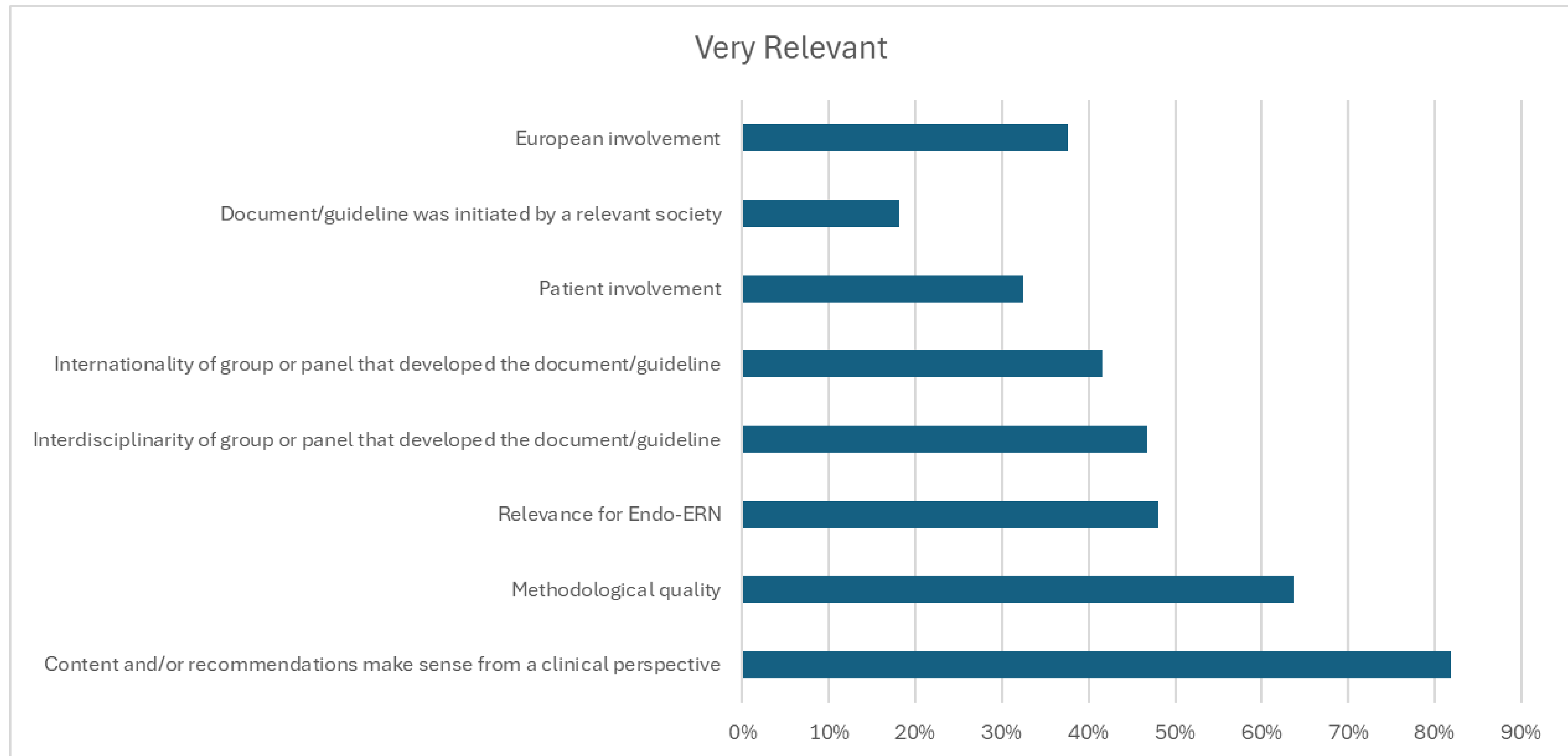
*that the document has been reviewed by recognized experts within the network and reflects a consensus or broad agreement among specialists in the field.*

*Endorsement should be given after consultation and possible comments/feedback from Endo-ern members*

*Endorsement means that EndoErn recommend it because 1) the methodology is correct or 2) the topic covered is consistent with the EndoERN mission*

**"ENDO-ERN endorsement enhances the document's importance.  
It means that the ENDO-ERN supports such a document.  
(support/acceptance AND compliance/adherence)"**

## Please rate how relevant you find these criteria for the endorsement of consensus documents/guidelines:



## Criteria CDST/CDMT

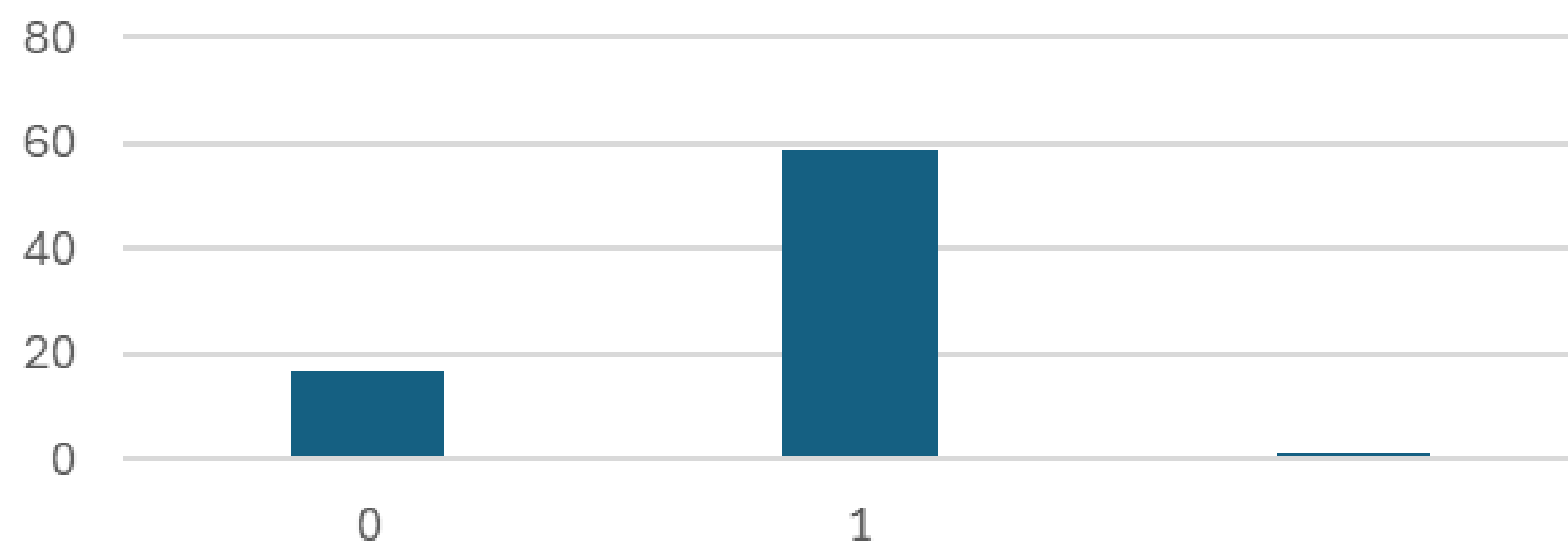
- Publication was made with a group of international experts;
- Experts represent multiple disciplines;
- Recommendations focus where applicable on the entire life span, where applicable on both men and women, ~~on both pediatric and adult endocrinology;~~
- Patient representatives were involved; when no patients were involved, there should be some explanation or clear reason
- Transparency on methods
- Transparency on funding/conflicts of interest

## Criteria CPGs

- Publication was made with a group of international experts;
- Experts represent multiple disciplines;
- Recommendations focus where applicable on the entire life span, where applicable on both men and women, ~~on~~ both pediatric and adult endocrinology;
- Patient representatives were involved; when no patients were involved, there should be some explanation or clear reason
- There is a clear and systematic methodology regarding the finding and evaluation of the evidence that is used in the CPG
- There is transparency and a clear strategy on conflicts of interests

Count of Do you think that the endorsement strategy for clinical practice...

Count of Do you think that the  
endorsement strategy for clinical practice  
guidelines should be made in alignment  
with all ERNs?



Do you think that the endorsement strategy for clinical practice guidelines...

Yes = 1

No = 0

Delphi on this topic is  
ongoing – minimum  
set of criteria for  
guidance documents

**Any comments,  
or remarks?**



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European  
Reference  
Network



Endo-ERN