



Federating thyroid patients around the world since 1995

Beate Bartès
Vivre sans Thyroïde, France
Secretary of TFI



Beate Bartès
Vivre sans Thyroïde, France
ePAG Endo-ERN, MTG8 "Thyroid"



Founder of a discussion forum for thyroid patients in 2000, after being diagnosed with thyroid cancer. President of the non-profit organisation "Vivre sans Thyroïde" created in 2007.

Main aim: provide understandable information on thyroid disease, exchange of experience between fellow patients, emotional support. Raise awareness. Patient advocacy.

Website with > 24.000 registered users. 3000-4000 visitors & 20-50 messages per day. Patient meetings, patient conferences, participation in national and international meetings and congresses (French Endocrine Society, European Thyroid Association...). Also present on Facebook, YouTube.

Cooperations: France: Alliance for Rare Diseases, Firendo (network for rare endocrine diseases), steering committee of the TuThyRef network for refractory thyroid tumors. International: Thyroid Federation International, Endo-ERN, Eurordis, European Cancer Organisation.

www.forum-thyroïde.net
info@forum-thyroïde.net



TFI HISTORY

- Thyroid Federation International was founded in Toronto, Canada, during the 11th International Thyroid Congress in September 1995. In 2025 we celebrated our 30th anniversary. The federation was first located in Canada, and is now registered in the Netherlands.
- Diana Abramsky, founder of the Canadian Thyroid Foundation in 1980, was the first one to fight for the vision of a worldwide thyroid organization and a really global perspective.
- Lawrence Wood from the Thyroid Foundation of America was the first TFI president, followed by Yvonne Andersson-Lakwijk and, for the last 15 years, by Ashok Bhaseen. In 1995, the federation had 6 founding organizations – it now unites over 40 patient and patient-oriented organisations on all continents.



RAISING AWARENESS FOR THYROID DISEASES AROUND THE WORLD

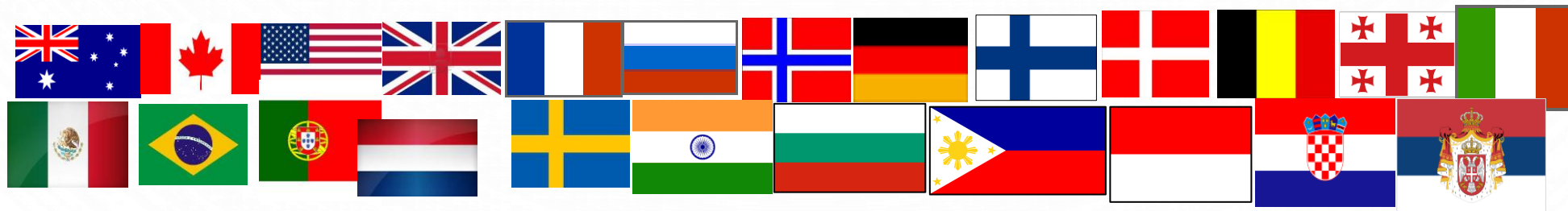


**INTERNATIONAL
THYROID
AWARENESS DAY**

**International
Thyroid
Awareness
Week**



<https://www.thyroid-federation.org/international-thyroid-awareness-week/>





THYROWorld

VOLUME 28
JUNE 2025



2025 marks the 30th anniversary of Thyroid Federation International (TFI), an umbrella organization for thyroid patients worldwide.



TFI is celebrating its
30th anniversary!

Message from the Editors From the Board	Tribute Conferences and Congresses	News from the Thyroid Field	TFI Projects
International Thyroid Awareness Week	National Organizations	Celebrating 30 years of TFI	TFI Member Organizations

We continue to work with dedication for the benefit of thyroid patients worldwide!

TFI member organizations

Afghanistan

Afghanistan Endocrine Society
<https://www.facebook.com/afghan.endocrine>

Australia

Australian Thyroid Foundation Ltd.
www.thyroidfoundation.org.au

Bangladesh

Bangladesh Endocrine Society
bes.org.bd

Bangladesh Thyroid Association
www.facebook.com/BangladeshTSI/

Belgium

Leven Zonder Schildklier
www.levenzonderschildklier.be

Bulgaria

VIOM
www.thyroidbg.com

Canada

Thyroid Foundation of Canada /
La Fondation Canadienne de la
Thyroïde
www.thyroid.ca

Croatia

Croatian Association for
Thyroid Disease
www.stitnjaca.eu

Denmark

Stofskifteforeningen
stofskifteforeningen.dk

Ecuador

Sociedad Ecuatoriana de
Endocrinología, Metabolismo,
Diabetes y Nutrición
see.org.ec

Egypt

Egyptian Thyroid Association
www.facebook.com/EgyptianThyroidAssociation

Finland

Thyroid Association of Finland
www.kilpirauhasliitto.fi

France

Association Vivre sans
Thyroïde
www.forum-tyroide.net

Germany

Bundesverband
Schilddrüsenkrebs – Ohne
Schilddrüse leben e.V.
www.sd-krebs.de
Schilddrüsen-Liga Deutschland e.V.
www.schilddruesenliga.de

Ghana

Thyroid Ghana Foundation
www.thyroidghanafoundation.org

Global

MCT8-AHDS Foundation
www.mct8.info

Greece

Hellenic Thyroid Patients
Organization

Honduras

AHCAT - Cáncer de Tiroides
Honduras
www.facebook.com/cancerdetiroideshonduras

India

South Asian Federation of
Endocrine Societies (SAFES)

Indonesia

Pita Tosca
pitatosca.org

Italy

CAPE – Comitato delle
Associazioni
dei Pazienti Endocrini
capetalia.com

Ivory Coast

Association des Malades de la
Thyroïdes de Côte d'Ivoire
amctotedivoire@gmail.com

Kenya

Thyroid Disease Awareness
Kenya Foundation
tdakfoundation.org

Mauritius

Endocrinology and Diabetes
Association
www.edamauritius.com

Nepal

Thyroid Foundation of Nepal

The Netherlands

Schildklier Organisaties
Nederland (SON)
www.schildklier.nl

Norway

Stoffskifteforbundet
www.stoffskifte.org



Nigeria

Adedokun Rebecca Omococa
Foundation (ARO)
arofoundation@gmail.com

Goldheart Thyroid Awareness Foundation

<https://www.facebook.com/p/Goldheart-Thyroid-Awareness-Foundation-100064445779868/>

Thyroid Awareness and
Support Initiative (TASI)
www.tasinigeria.org

Pakistan

Thyroid Support Facility of
Pakistan
thyroid.pakistan@gmail.com

The Philippines

Philippine Thyroid Association
philippinethyroid.org

Portugal

Associação das Doenças da
Tiroide (ADTI)
adti.pt

Senegal

Association Sénégalaise des
Malades de la Thyroïde (ASMAT)
www.asmat-senegal.com

Serbia

Inner Wings, Krila u nama
www.krilaunama.org.rs

Spain

Asociación Española de Cáncer
de Tiroides (AECAT)
www.aecat.net

TED Spain

tedspain.org
Sköldkörtelförbundet
skoldkortelforbundet.se

Sweden

Sköldkörtelförbundet
skoldkortelforbundet.se

United Kingdom

The Thyroid Trust
www.ThyroidTrust.org

United States of America

Graves' Disease & Thyroid
Foundation (GDATF)
www.gdatf.org

TED Community Organization
tedcommunity.org

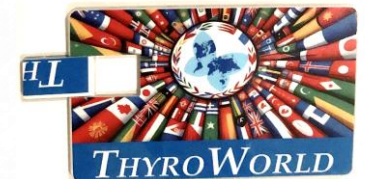
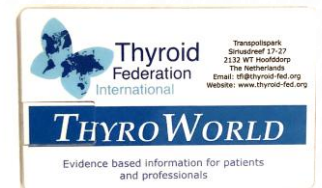
Learn more about TFI:



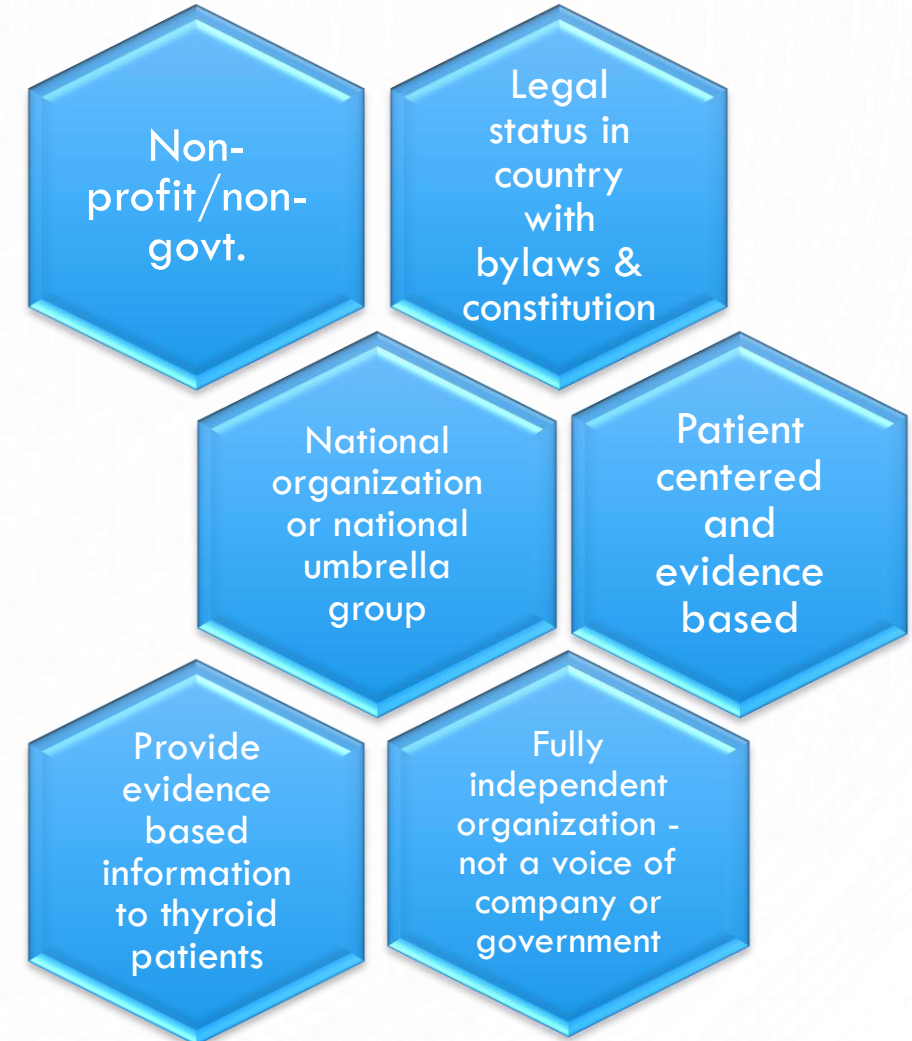
Annual ThyroWorld

Regular Electronic Newsletter

New: Keycards



TFI - MEMBERSHIP CRITERIA



TFI MISSION, AIMS AND OBJECTIVES

Mission

- Work for all patients suffering from thyroid problems around the world
- Particular efforts to raise awareness and to promote research for **rare thyroid diseases** (e.g. congenital hypothyroidism, thyroid cancer, Thyroid Eye Disease, MCT8 deficiency...)

Objectives

- Help to establish patient organizations
- Work with endocrinologists and other specialists to improve knowledge and awareness
- Promote and help research
- Education and awareness campaigns

Aims

- Work with the UN to promote World Thyroid Day
- Get thyroid diseases recognized as Non-Communicable Diseases (NCD)
- Provide evidence-based information
- Global alliance with ETA, ATA, AOTA and LATS to promote best practice
- Contribute and distribute official recommendations



thyroid-federation.org



facebook.com/Thyroid.Federation.International



twitter.com/ThyroidFed/



youtube.com/@ThyroidFederationInternational



linkedin.com/company/thyroid-federation-international



instagram.com/thyroidfederationinternational/

AIM: provide evidence-based information & videos of our educational webinars

WEBINAR ON GRAVES' DISEASE

with David S. Cooper, MD, MACP
Professor of Medicine and Radiology
Division of Endocrinology, Diabetes, and Metabolism
Johns Hopkins University School of Medicine

Wednesday, July 31, 2024
10:00 AM BST (London time)
11:00 AM CEST (Paris time)
19:00 PM AEST (Sydney time)

Part of our annual webinar series featuring leading thyroid experts

Join the webinar online >>



**Thyroid Federation International (TFI)
& Thyroid Care Association of Nigeria**

Invite
WE

THEME:
**IMPROVING HEALTH
THROUGH TH AWARENESS (mobile)**



**Welcome to the 16th International
Thyroid Awareness Week**

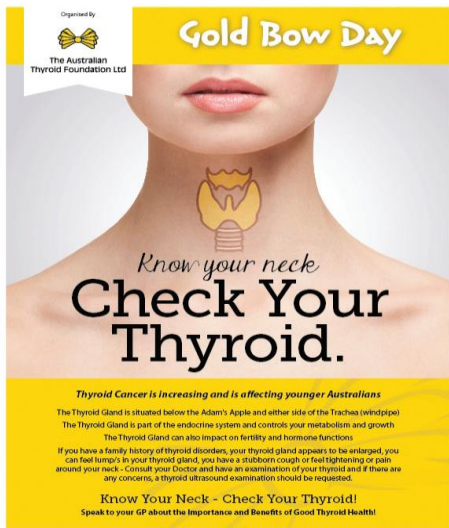
Thyroid Federation International launched and hosts the following.

- Thyroid Awareness Week
- TED Awareness Day
- World Thyroid Day
- Thyroid Cancer Awareness Month
- MCT-S Awareness Month
- Grave's Disease Awareness Week

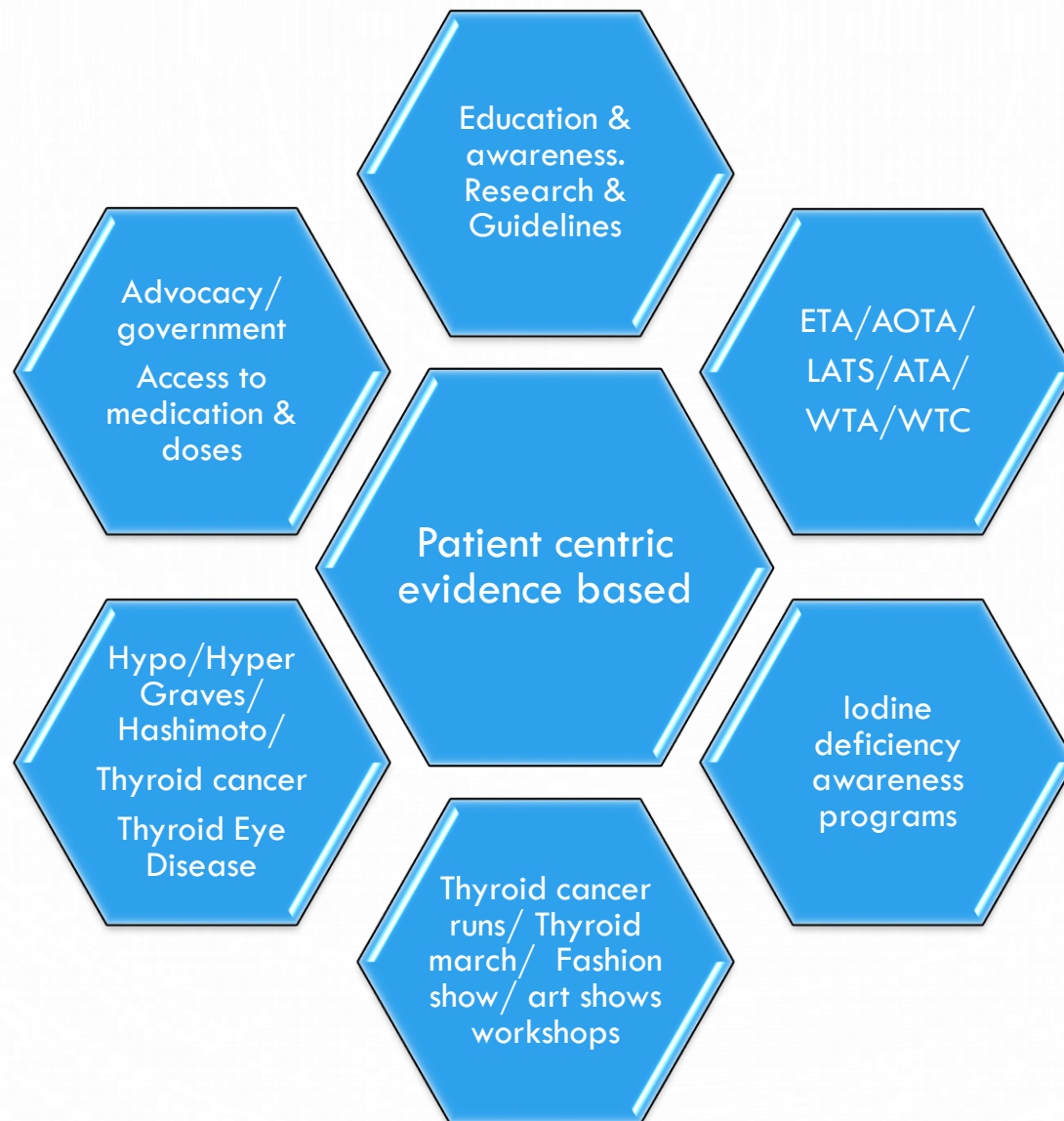


Ashok Bhaseen





ACTIVITIES & INITIATIVES



Screenshots of the participants to the TFI online 2021 AGM- day one and two.



EADSG Tanzania: opening address by president Silver Bahendeka.

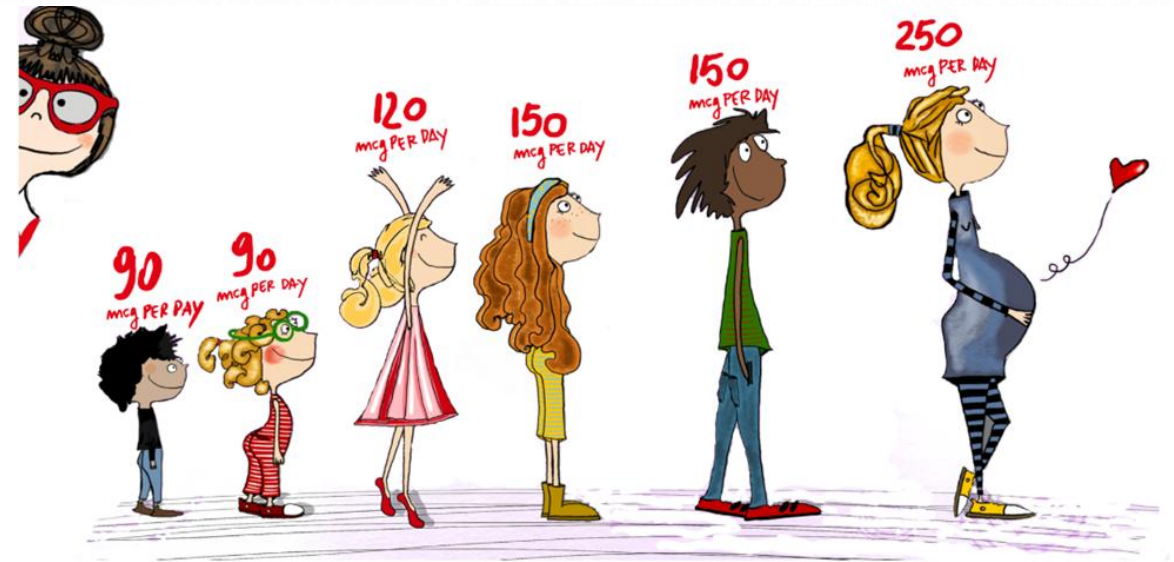
THE MOTHERBABYIODINE PROJECT



The MotherBabyIodine Project is an initiative of
Thyroid Federation International
together with WIA, IGN, GAIN, NI, EMA and EPMA.

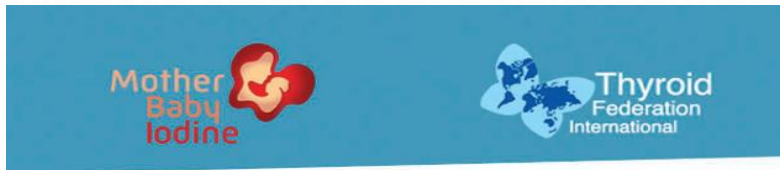
A project led by TFI, working with several international organizations to underline the importance of iodine for pregnant women and infants, together with NGOs, salt and food industry, and doctors (endocrinologists, pediatricists and obstetricians).

www.motherbabyiodine.com



- age 0-5 years: 90 micrograms (mcg)/day
- age 6-12 years: 120 mcg
- older than 12 years: 150 mcg
- pregnant and lactating women: 250 mcg

THE MOTHERBABYIODINE LEAFLETS



MotherBabyIodine



Turn iodine into intelligence!

Iodine is essential:

- ▶ for growth and the brain development of the baby
- ▶ for the optimal functioning of the thyroid gland in pregnant women and babies



MotherBabyIodine



Convierte el yodo en inteligencia!

www.motherbabyiodine.com

THE MOTHERBABYIODINE LEAFLETS

Mother
Baby
Iodine



MotherBabyIodine



L'iode, essentiel pour l'intelligence.

Mother
Baby
Iodine



MotherBabyIodine



Lo iodio, il nutrimento
essenziale per la mente!

Mother
Baby
Iodine



MotherBabyIodine



Transforme iodo em inteligência!

THE EUTHYROID2 PROJECT



Iodine has an important impact on the functioning of the thyroid, and insufficient iodine supply is a major cause of thyroid dysfunction, in particular in women. Insufficient iodine supply (even minor), during pregnancy, can impact the neurocognitive development of the unborn child.

The main objective of the European **Euthyroid2** project is to inform adolescents and young women about the risks linked to iodine deficiency. Euthyroid2 aims at tackling iodine deficiency, introducing models for good practice and raising awareness about the importance of iodine for a life in good health, for the young people themselves and for their children.

www.euthyroid2.eu

THYROMOBILE PROJECT IN 3 COUNTRIES

Leadership and governance:

- Thyroid Federation International
- Ministry of Health
- Peruvian Society of Endocrinology
- Latin American Thyroid Society

Scientific support:

- Peruvian Society of Endocrinology
- Latin American Thyroid Society

Other countries:

- Philippines
- Nigeria
- Soon: Bulgaria?



Thyromobile-Philippines

ThyroMobile
Medical Mission
Enhancing thyroid health care delivery system
in vulnerable communities



Thyromobile-Peru



THYROID EYE DISEASE (TED)

Cooperation with doctors and pharmaceutical companies to raise awareness, inform about new treatments, address unmet needs, and improve patient care

Patient questionnaire "Quality of Life with TED"

Planned: International patient workshop in Rome
Elaboration of a "White Paper" on unmet needs

MCT8 DEFICIENCY

Cooperation with specialists and pharmaceutical companies.

Webinar on MCT8 deficiency (Feb. 2026)



Find out more:
<https://www.thyroid-federation.org>
<https://gdatf.org>

tfi@thyroid-federation.org
Follow us:

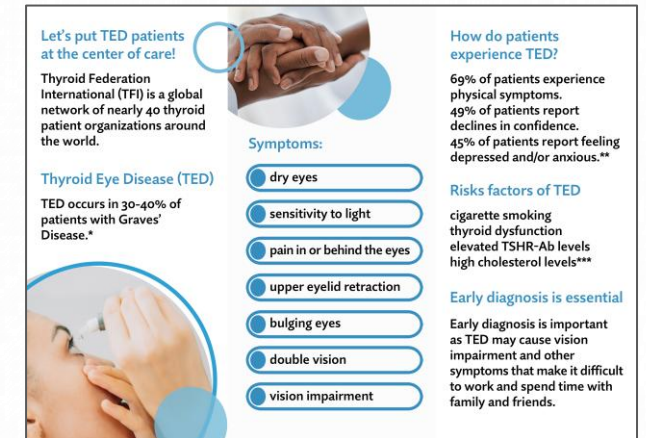

With our global campaign on Thyroid Eye Disease Awareness Week, we work to increase awareness of Thyroid Eye Disease. We are committed to collaborating with stakeholders on TED care to improve the lives of patients everywhere.

Nancy Hord Patterson, Ph.D.
Founder of Graves' Disease and Thyroid Foundation,
Board Member at
Thyroid Federation International

References:
* Chin YH, Ng CH, Lee MH, et al. Prevalence of thyroid eye disease in Graves' disease: A meta-analysis and systematic review. Clin Endocrinol (Oxf). 2020;93(4):369-374.
** Smith TJ, Hegedüs L, Lesser I, et al. How patients experience thyroid eye disease. Front Endocrinol (Lausanne). 2022;14:83374.
*** Bartalena L, Kahaly GJ, Baldeschi L, et al. The 2021 European Group on Graves' orbitopathy (EUGOGO) clinical practice guidelines for the medical management of Graves' orbitopathy. Eur J Endocrinol. 2021;185(4):G43-G67.

Thyroid Federation International

Thyroid Eye Disease (TED) is more than a diagnosis, it is a personal matter



Let's put TED patients at the center of care!

Thyroid Federation International (TFI) is a global network of nearly 40 thyroid patient organizations around the world.

Thyroid Eye Disease (TED)
TED occurs in 30-40% of patients with Graves' Disease.*

Symptoms:

- dry eyes
- sensitivity to light
- pain in or behind the eyes
- upper eyelid retraction
- bulging eyes
- double vision
- vision impairment

How do patients experience TED?

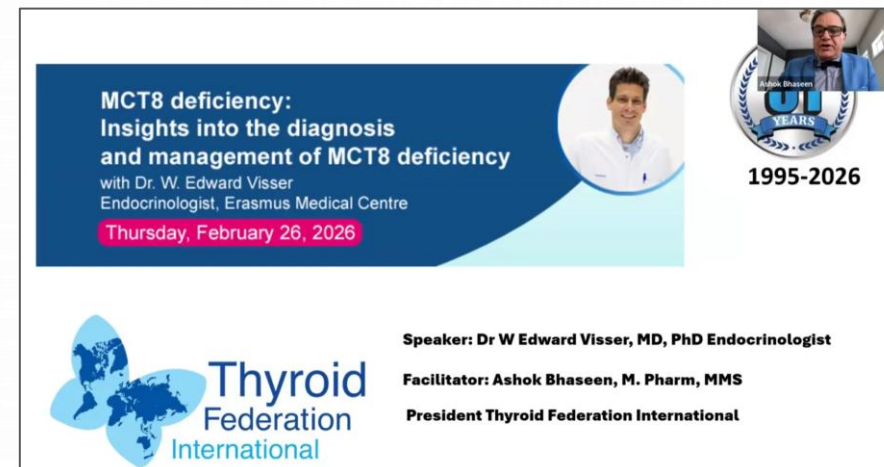
69% of patients experience physical symptoms.
49% of patients report declines in confidence.
45% of patients report feeling depressed and/or anxious.**

Risks factors of TED

cigarette smoking
thyroid dysfunction
elevated TSHR-Ab levels
high cholesterol levels***

Early diagnosis is essential

Early diagnosis is important as TED may cause vision impairment and other symptoms that make it difficult to work and spend time with family and friends.



MCT8 deficiency:
Insights into the diagnosis
and management of MCT8 deficiency
with Dr. W. Edward Visser
Endocrinologist, Erasmus Medical Centre
Thursday, February 26, 2026

1995-2026

Speaker: Dr W Edward Visser, MD, PhD Endocrinologist
Facilitator: Ashok Bhaseen, M. Pharm, MMS
President Thyroid Federation International

Thyroid Federation International

Thank you!

www.thyroid-federation.org



European
Reference
Network



Endo-ERN