

8-TALENT: Transition Adolescence and young adults -Endocrine diseases management

An Endo-European Reference Network grant event

8th Conference

FEBRUARY 11-13, 2026

Roma Eventi Fontana Di Trevi

Piazza della Pilotta, 4 - Rome

FEBRUARY 11TH

TALENT CONFERENCE OPENING

13:00-13:30 Registration of participants

13:30-14:00 Opening of the conference and greetings from the Authorities

TALENT for ADRENAL DISEASES – Endo-ERN MTG1 Symposium

Moderators: **C. Scaroni**; **N. Reisch**

14:00-14:20 **LECTURE 1** : Cushing's syndrome in transition to adulthood: comparative management between adolescents and adults – **Antoine Tabarin**, *Hopital Haut-Lévêque C.H.U de Bordeaux, Pessac, France*

14:20-14:40 **LECTURE 2** : Challenges in monitoring congenital adrenal hyperplasia with emerging therapies: from transition to young adult care - **Svetlana Lajic**, *Karolinska University Hospital, Stockholm, Sweden*

14:40-15:00 **LECTURE 3** : Autoimmune adrenal insufficiency in youth: from isolated Addison's to polyglandular syndromes - **Rosario Pivonello**, *University of Naples Federico II, Naples, Italy*

15:00-15:20 Discussion

TALENT for DISORDERS OF CALCIUM & PHOSPHATE HOMEOSTASIS – Endo-ERN MTG2 Symposium

Moderators: **E. Kassi**; **N. Napoli**

15:20-15:40 **LECTURE 4** : Translating new clinical recommendations into care: Burosumab and skeletal outcomes in young adults with XLH - **Francesco Emma**, *IRCCS Bambino Gesù Children's Hospital, Rome, Italy*

15:40-16:00 **LECTURE 5** : Bone health in functional hypothalamic amenorrhoea: challenges and strategies during transition to adulthood - **Giovanna Mantovani**, *Department of Clinical Sciences and Community Health, University of Milan, Milan, Italy*

16:00-16:20 **LECTURE 6** : Novel agents in the management of hypoparathyroidism and related disorders: focus on transition and young adults - **Andrea Palermo**, *Unit of Endocrinology and Diabetes, Campus Bio-medico University, Rome, Italy.*

16.20-16.40 Discussion

16.40-17.00 Coffee break

TALENT for GENETIC DISORDERS OF GLUCOSE & INSULIN HOMEOSTASIS – Endo-ERN MTG3 Symposium

Moderators: **S. Cianfarani**; **R. Buzzetti**

17.00-17:20 **LECTURE 7** : MODY and other non-typical forms of diabetes in young adults: when the diagnosis comes late - **Pietro Maffei**, *University of Padua, Padua, Italy*

17.20-17.40 **LECTURE 8** : Obesity in type 1 diabetes: drivers and challenges for a novel immunometabolic issue - **Ernesto Maddaloni**, *Sapienza University of Rome, Italy*

17.40-18.00 **LECTURE 9** : Lessons from the Field: Barriers and Breakthroughs in Transitioning Youth with Rare Diabetes - **Felix Reschke**, *Diabetes-Zentrum für Kinder und Jugendliche, Hannover, Germany*

18.00-18.20 Discussion

Conclusions of the day's work

FEBRUARY 12TH

TALENT'S Working Groups Meeting

9:00-10:30 **Old-TALENT** : Meeting and report of the working groups of the 7th Talent conference.

10:30-12:00 **New-TALENT** : Meeting and presentation of the proposals of the working groups of the 8th Talent conference.

12.00-13.00 Lunch

TALENT for GENETIC ENDOCRINE TUMOUR SYNDROMES – Endo-ERN MTG4 Symposium

Moderators: **A.B. Grossman**; **C. Giavoli**

13.00-13.20 **LECTURE 10** : MEN1 in young adults: new guidelines for tumour screening and transition care - **Franz Sesti**, *Sapienza University of Rome, Italy*

13.20-13.40 **LECTURE 11** : Integrating RET-targeted therapy advances into the transitional management of MEN2A and MEN2B syndromes - **Cosimo Durante**, *Sapienza University of Rome, Italy*

13.40-14.00 **LECTURE 12** : Von Hippel-Lindau syndrome and developments in other endocrine tumor syndromes - **Annemarie Verrijn-Stuart**, *Wilhelmina Kinderziekenhuis, Utrecht, Netherlands*

14.00-14.20 Discussion

TALENT for GROWTH & GENETIC OBESITY SYNDROMES – Endo-ERN MTG5 Symposium

Moderators: **P. Maffei**; **S. Migliaccio**

14.20-14.40 **LECTURE 13** : Evolving treatments for obesity in adolescents and young adults: from novel agonists to holistic management - **Susan O' Connell**, *Children's Health Ireland, Dublin, Ireland*

14.40-15.00 **LECTURE 14** : Bardet-Biedl syndrome: from clinical challenges to targeted treatments in youth and young adults - **Giovanni Ceccarini**, *Pisa University Hospital, Pisa, Italy*

15.00-15.20 **LECTURE 15** : Navigating the challenges of Prader-Willi syndrome: from hyperphagia to hormonal therapies in transition age - **Danilo Fintini**, *IRCCS Bambino Gesù Children's Hospital, Rome, Italy*

15.20-15.40 Discussion

15.40-16.10 Coffee break

TALENT for HYPOTHALAMIC AND PITUITARY CONDITIONS– Endo-ERN MTG6 Symposium

Moderators: **E. Charmandari**; **V. Iotova**

16.10-16.30 **LECTURE 16** : Therapeutic innovations in growth disorders: from daily and long-acting GH to IGF-1 replacement - **Alberto Pereira**, *Amsterdam UMC Meibergdreef 9, Netherlands*

16.30-16.50 **LECTURE 17** : Transitioning with prolactinomas: clinical course and management strategies - **Nienke Biermasz**, *Leids Universitair Medisch Centrum, Leiden, Netherlands*

16.50-17.10 **LECTURE 18** : Oxytocin and adolescence: neuroendocrine dynamics and clinical implications - **Mirjam Christ-Crain**, *Universitätsspital Basel, Basel, Switzerland*

17.10-17.30 Discussion

Conclusions of the day's work

FEBRUARY 13TH

TALENT for SEX DEVELOPMENT & MATURATION– Endo-ERN MTG7 Symposium

Moderators: **L. Vignozzi**; **C. Krausz**

09.00-09.20 **LECTURE 19** : DSD: diagnostic complexity, therapeutic variability and the search for shared protocols - **Olaf Hiort**, *Universitätsklinikum Schleswig-Holstein, Lubeck, Germany*

09.20-09.40 **LECTURE 20** : PCOS and pubertal disorders: implications for fertility across the lifespan - **Krystallenia Alexandraki**, *National and Kapodistrian University of Athens, Greece*

09.40-10.00 **LECTURE 21** : From gonadotropins to sex steroids: puberty induction and transitional care in male hypogonadism - **Hedi Claahsen**, *Radboud University Medical Center, Nijmegen, Netherlands*

10.00-10.20 Discussion

TALENT for THYROID DISEASES – Endo-ERN MTG8 Symposium

Moderators: **A. Pontecorvi**; **E. Giannetta**

10.20-10.40 **LECTURE 22** : Graves' Disease in Transition Age: Rethinking Antithyroid Drug Strategies and Dosing Approaches - **Aglaia Kyrilli**, *Hôpital Erasme, Brussels, Belgium*

10.40-11.00 **LECTURE 23** : Differentiated thyroid cancer in young adults: do we need a molecular-based follow-up? **Marco Centanni**, *Sapienza University of Rome, Italy*

11.00-11.20 **LECTURE 24** : Levothyroxine adherence in young adults: why are we still getting it wrong? - **Grazia Maria Ubertyni**, *IRCCS Bambino Gesù Children's Hospital, Rome, Italy*

11.20-11.40 Discussion

11.40-12.00 Coffee break

12.00-14.00 **"Voices in Transition": roundtable between Physicians and Patient Associations**

Moderators: **U. Dohnert**; **M. Spaziani**; **F. Carlomagno**

Conclusion of the Conference

Scientific Secretariat:

- Prof. Andrea M. Isidori
- Prof. Daniele Gianfrilli
- Prof.ssa Emilia Sbardella
- Prof. Matteo Spaziani
- Dr. Francesco Carlomagno
- Dr. Marta Tenuta