



Endo-ERN Steering Committee / Advisory Board meeting

Date: Tuesday 2 September 2025

Time: 09:30 - 11:30 hrs









Agenda

- 1. Work Package updates (8 minutes each)
- 2. Working Groups updates (8 minutes each)
- 3. Other RD project updates
- 4. AOB & questions





WP1 Management & Coordination

Alberto Pereira, Adult Chair Endo-ERN

Olaf Hiort, Paediatric Chair Endo-ERN

Charlotte van Beuzekom, Project Manager Endo-ERN









Personnel communication

• Jette Kristensen





Arlene Smyth





Laura Maag





Marc Büdenbender







Funding grants

Current EU4Health grant 2023-2027

- milestones & deliverables
- interim report, Feb 2026

Approved deliverables

| Nr. | Name |
|------|----------------------------------|
| D1.1 | ERN Development Plan |
| D1.2 | Structural Map for Endo-ERN |
| D1.3 | Organisation General Assembly Y1 |
| D2.1 | Dissemination Plan |
| D3.1 | Evaluation Plan |
| D3.4 | Indicators report Y1 |

Multiannual Financial Framework 2028-2034

- absence of stand-alone successor to EU4Health program
- joined forces, aiming to sustain operating ERN grants





<u>Upcoming deliverables – due Nov 2025</u>

| Nr. | Name |
|------|----------------------------------|
| D1.4 | Organisation General Assembly Y2 |
| D2.2 | Dissemination report 1 |
| D3.2 | Evaluation report 1 |
| D3.5 | Indicators report Y2 |
| D4.1 | CPMS activities report Y1+Y2 |
| D5.1 | Registry activities report Y1+Y2 |
| D6.1 | Training activities report Y1+Y2 |
| D7.1 | CPG/CDST activities report Y1+Y2 |
| D7.3 | First new CPG produced |
| D8.1 | Report activities WP8 |
| D9.1 | Report activities WP9 |

Endocrine Connections - special issue 2025







| Lead author | Paper title | Submitted | Deadline |
|------------------------------|--|--------------------|----------------|
| Felix Reschke | Challenges and Strategies for Transitioning Adolescents with Rare Forms of Diabetes to Adult Care: Perspectives and Evidence-Based Approaches | Yes | |
| Nienke Biermasz | Quality of care for patients with prolactinoma diagnosed under the age of 25 years | | September 30th |
| Hedi Claahsen | Enhancing Transition Care for adolescents and young adults with adrenal insufficiency in the Netherlands: A Holistic Model for Improved Patient Outcomes | Yes, revised paper | |
| Corinna Grasemann | Continuity of Care in Klinefelter Syndrome: Age-Adapted Modules for Standardized Clinical Data Collection (I-KS) | Yes, revised paper | |
| Violeta Iotova | Feasibility of transition research in pituitary disease using patient registries | | August 8th |
| Ana Priego | The EuRRECa Core Registry and its potential for studying transition of care in Endo-ERN reference centres | | July 15th |
| Emily White | First 5 Years of Endo-ERN: Evaluation of the Network and Member Expert Centres & Creation of Endo-ERN Performance System | | September 15th |
| | Acromegaly: The Patient Journey | | September 15th |
| Judit Toke | Transitional care of patients with congenital adrenal hyperplasia - our experiences and challenges in a tertiary adult referral center in Hungary | Yes | |
| George Mastorakos | TRANSITION of pediatric patients on GH treatment in Greece | | September 1st |
| Alberto Pereira / Olaf Hlort | Introduction | | |







Various

Endo-ERN Research Working Group

- chairs
- members

Call for new Affiliated Partners

GA 2026

- Monday 20 and Tuesday 21 April 2026
- Crown Plaza Hotel Athens, Greece
- Program Invitations

MTG HCP meetings

| MTG | Date | Time | |
|-----|-------------------|-----------|--|
| 1 | | | |
| 2 | 10 October 2025 | 15:00 hrs | |
| 3 | 20 October 2025 | 16-00 hrs | |
| 4 | | | |
| 5 | 08 September 2025 | 15:00 hrs | |
| 6 | 14 November 2025 | 11:00 hrs | |
| 7 | 15 October 2025 | 16:00 hrs | |
| 8 | 27 October 2025 | 15:00 hrs | |





WP2 Communication & Dissemination

Aimee Casey, Communication Manager, Endo-ERN









Social media update 2025

| | Current total | Increase from May |
|-----------------|---------------|----------------------|
| LinkedIn | 732 | +69 |
| Facebook | 456 | +21 |
| YouTube | 644 | +52 |
| Newsletter subs | 2462 | +30 |

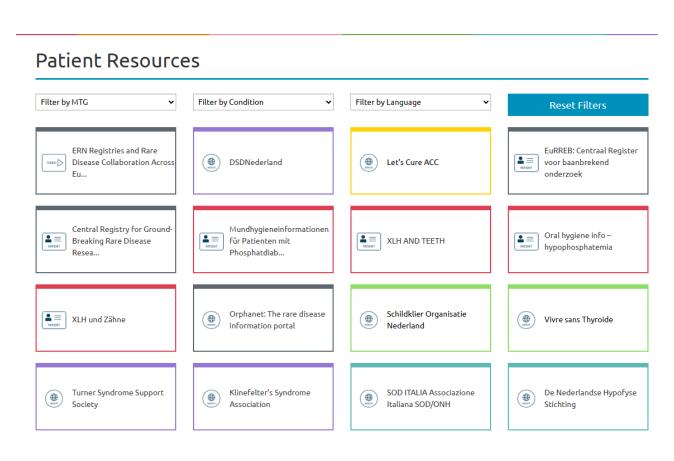






Patient Resources

- Over 100 searchable patient resources including links, documents and videos
- Al generated summary of each item in English and item language – increase searchability
- Continue to populate with resources with the support of ePAGs and MTG chairs
- Dedicated promotion on Facebook









Newsletters

- **Topic based** in effect from September
- Digest for primary and sub representatives – first Friday of the month









Autumn Activity



National Association Outreach

- Database complete identification of national coordinators and validation
- Landing page in development

Commission Continuous Monitoring Report

- Expected end of September will underpin ERN-wide awareness campaign
- Phase 2 showcase Endo-ERN using performance data

Ongoing promotion

• Webinars, exchange programme, etc





WP3 Evaluation

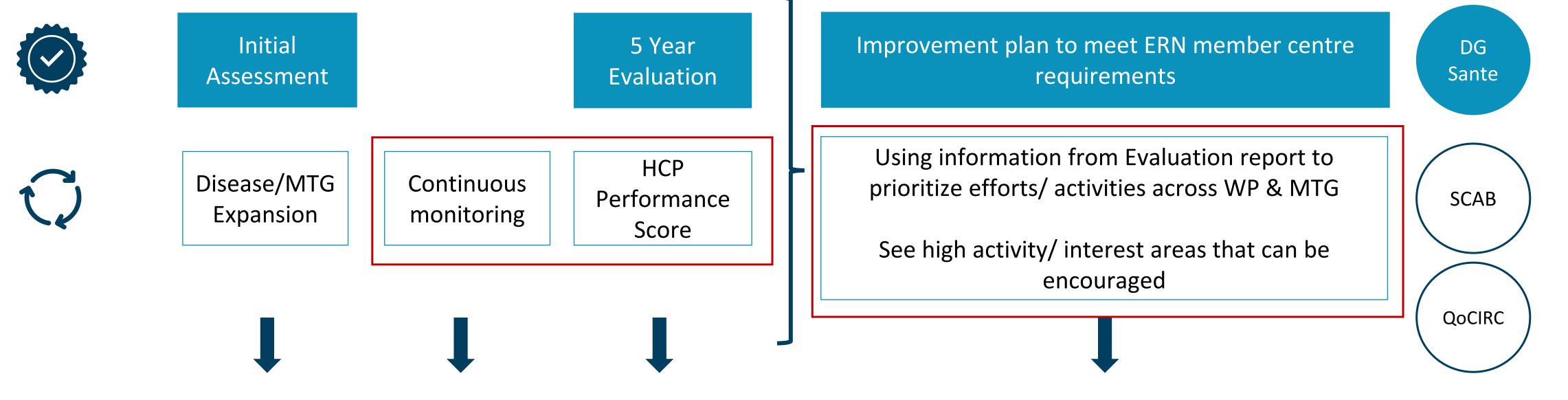
Emily White, Project Manager & Endo-ERN Operational Helpdesk Manager



Evaluation in Endo-ERN – QI







Assessment Monitoring Evaluation & Quality Improvement System AMEQUIS







Continuous Monitoring

Data from 2023 & 2024

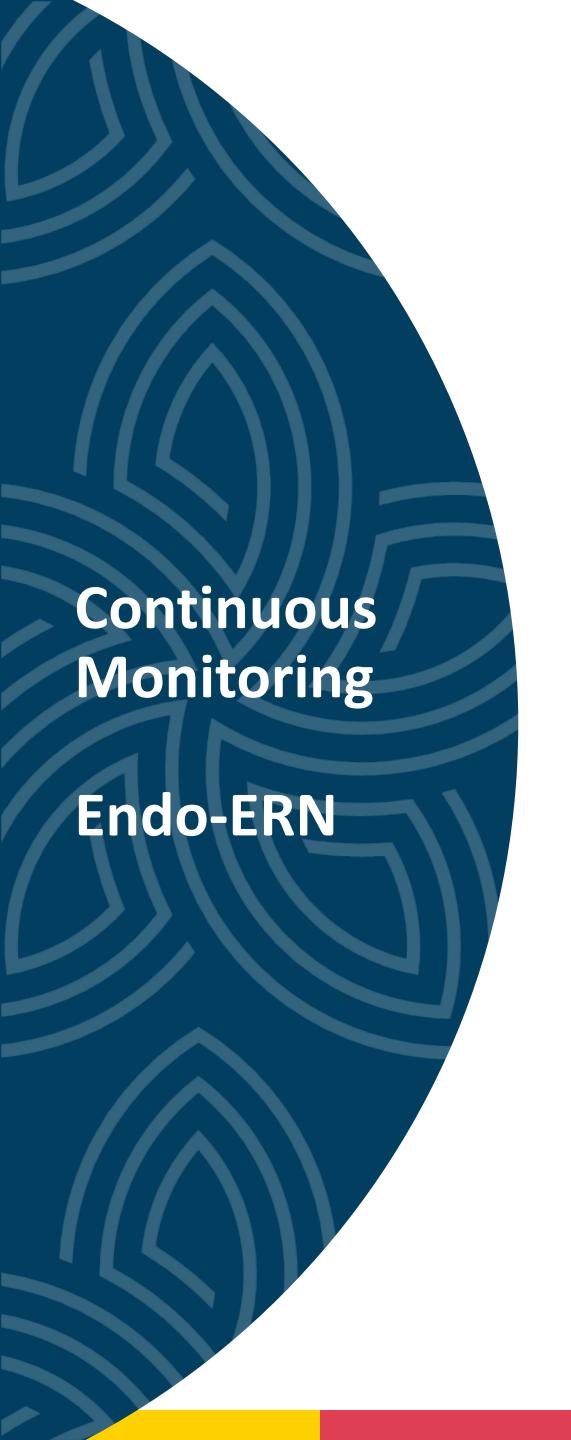
DG Sante Report to be published in September of aggregated data for all ERNs

Exercise in 2025

2025 data collection starting from January 2026

Key reminders to all members:

- Update your e-REC prior to end of the year
- Request reports of total numbers from your administration in time (if necessary)



Who

- All Endo-ERN member HCPs
- All Affiliated Partners

What

- Measure of impact ERN has in our member HCPs
- Check HCPs complete membership activities for Endo-ERN
- o Mandatory exercise from European Commission
- Signature Annual Conflict of Interest

How

- Record data based on 18 Indicators via Survey from Endo-ERN
- Regular E-REC data submission
- Report totals to European commission directly

When

- Annually once a year in the first quarter
- 2025 data collected starting from January 2026

Outcomes

- HCP performance system internal scoring
- Changes to evaluation processes
- Map & Showcase ongoing efforts of our HCPs

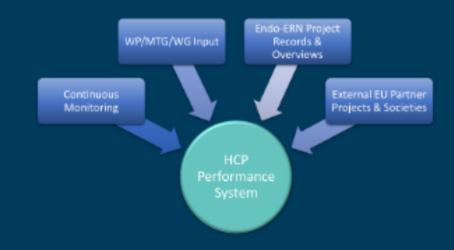
Please add this overview slide to your MTG HCP meetings





Endo-ERN Performance Report 2024

This report is generated within the Endo-ERN HCP Performance system. This mandatory evaluation exercis assesses the activity level of each of our member HCPs based on information from sources shown here.



In 2024, Endo-ERN members...



How do we calcuate your score?

There are 34 individual activities a HCP is scored on. These scores are weighted based on their category.

Possible Points

21 pts mandatory = 60% of total score 20 pts expected = 25% of total score 22 pts bonus = 15% of total score The resulting weighted values are used to calculate the overall Overall Score. Please see our website for further details.

Mandatory Activities = each HCP has to complete to retain membership (max. 3 points per activity) Expected Activities = not mandated for membership but expected of contributing member HCPs (max. 2 points per activity) Bonus Activities = (roles) undertaken by HCPs/ individual experts therein that advances our mission and seeks to improve the Endo-ERN (1-3 points per activity)

<u>Disclaimer.</u> The scores generated within the Endo-ERN HCP Performance System are intended to measure the contribution and participation in activities as a member of our network. Please note these scores do not assess or reflect in any way adherence to standards of clinical care (nationally or locally).







HCP Performance Reports 2024

(Later this year due to edits in ERN monitoring report reveiws)

All HCPs in Endo-ERN will receive details to access their reports this week and have opportunity to comment/correct any errors.

Deadline for comments = **19th September 2025**





HCP Resources Mapping

To update our information and direct efforts in the network to the correct audience

| WP / WG | What is collected |
|---------------------------------------|--|
| Genetic Testing WG | Genetic testing labs linked to Endo-ERN HCPs Diagnosis expertise & tests per lab |
| WP4 – CPMS 2.0 Permission & Expertise | Permission to use system (Privacy/DPO) Ability to use system in HCP (ICT) Expertise in your HCP – frequently sought professionals in system e.g. paediatric neurosurgeon |
| WP1 – Rare disease office | Is it present in your HCP? National network discussions regularly held? Cross border care agreements present (y/n) with specific countries |
| WP8/9 - links with Ukraine | Do you receive referrals from Ukraine HCPs DO you have a policy on offering care to patients from Ukraine (still) in place? |







Evaluation WG

Individual Options/Recommendations for evaluation and on-site audit structure improvement:

Within the 5 year evaluation WG Endo-ERN has provided 5 key change recommendations (with thanks to our HCPs who contributed):

- 1. Remove interview with hospital patients
- 2. Minimise time commitment
- 3. Eliminate redundancies and duplicated work
- 4. Utilise existing evaluations
- 5. Refine MEs criteria for online submission





WP4 Healthcare & CPMS

Olaf Hiort, Paediatric Chair Endo-ERN
Greta Ginski, CPMS Operational Helpdesk Manager
Emily White, Project Manager & CPMS Operational Helpdesk Manager





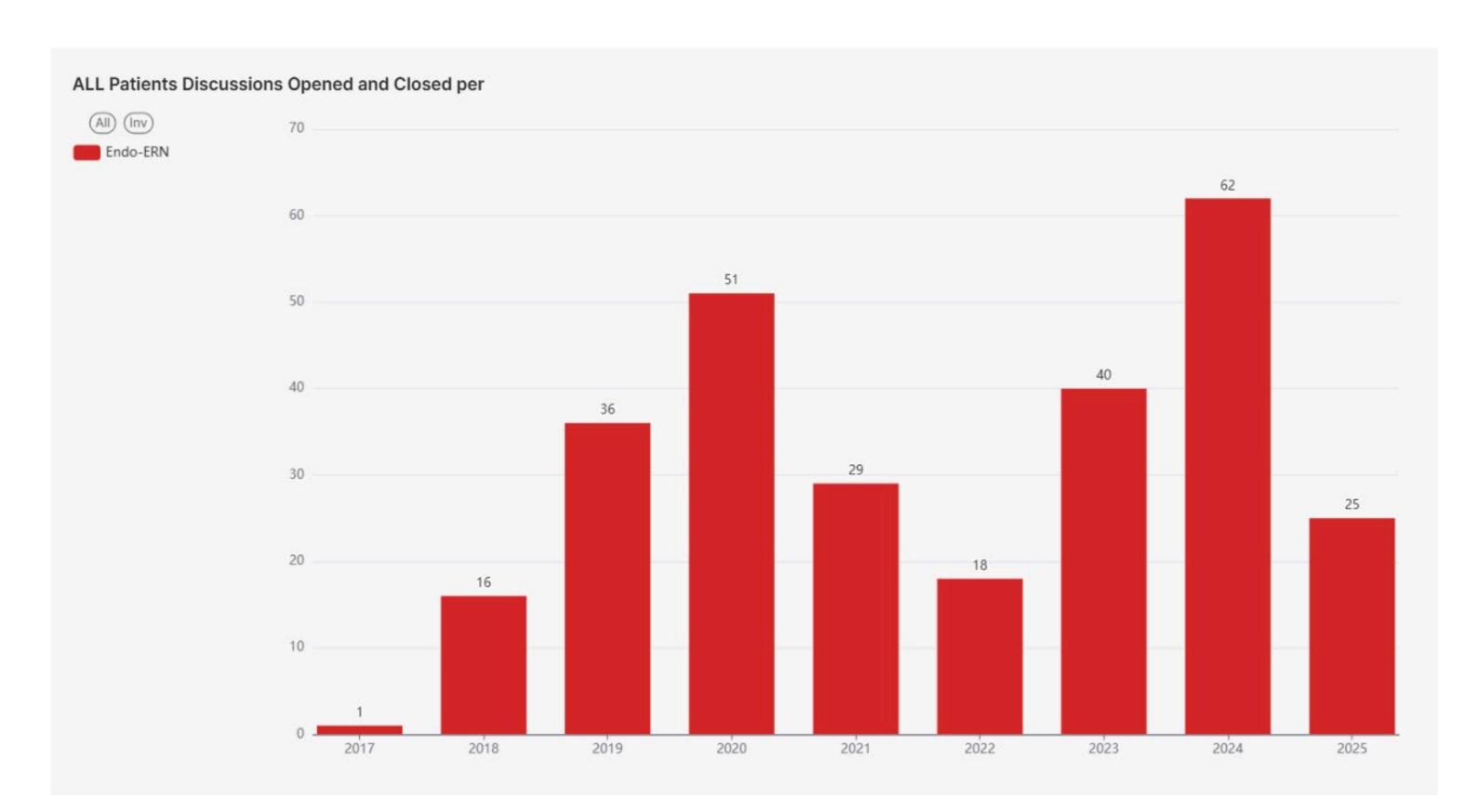
Current Statistics





- Active users in 2025= 96 (60 in CPMS 2.0 only)
- 358 user roles
- 942 patients enrolled







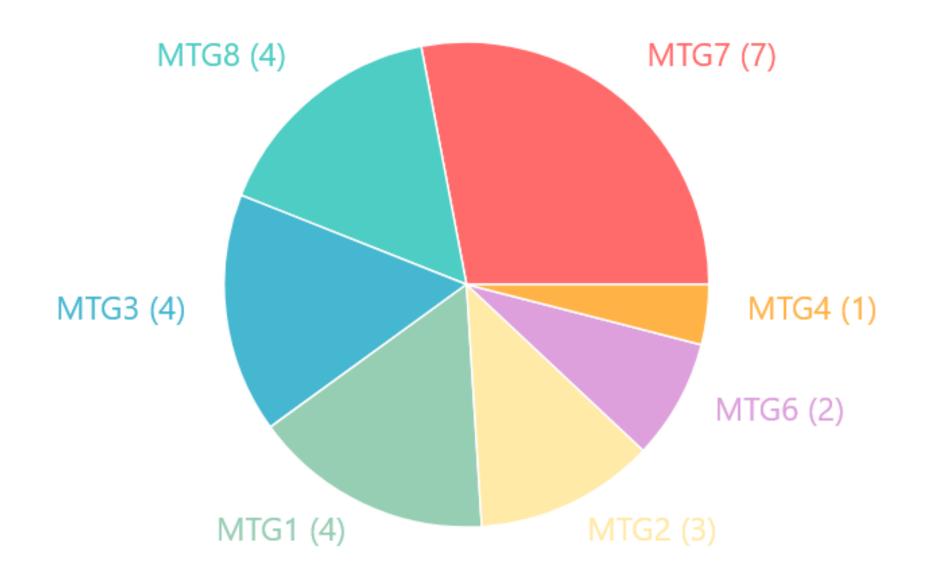




Enrolled patient cases by MTG

CPMS 2.0 Patient Cases Distribution per MTG

Total cases: 25





Patient cases by HCP and Country





| Healthcare Provider | Country | Cases | AO City of Health and Science Turin | III Italy | 1 |
|--|----------------|-------|--|------------------|---|
| AOU Meyer Florence | [] Italy | 4 | Consortium: Katholisches Klinikum Bochum | Germany | 1 |
| Radboud University Medical Centre Nijmegen | Netherlands | 3 | MHAT Sveta Marina | Bulgaria | 1 |
| Universitätsklinikum Schleswig-Holstein | Germany | 2 | HCP Cluj County Emergency Hospital | Romania | 1 |
| Leiden University Medical Center | Netherlands | 2 | Erasmus MC: University Medical Center Rotterdam | Netherlands | 1 |
| Hôpital Universitaire de Bruxelles (HUDERF-Erasme) | Belgium | 1 | Maria Sklodowska-Curie National Research Institute of Oncology | Poland | 1 |
| Aarhus University Hospital | Denmark | 1 | Foundation IRCCS CA'Granda Ospedale Maggiore polyclinic Milan | III Italy | 1 |
| AOU Modena | [] Italy | 1 | Children's Clinical University Hospital, Riga | L atvia | 1 |
| General Hospital of Athens LAIKO | Greece | 1 | Amsterdam University Medical Centers Location AMC | Netherlands | 1 |

37 different HCPs from 15 different countries have attended meetings in CPMS 2.0

61 experts have attended a meeting in CPMS 2.0 (excluding Teams/Webex calls)







HCPs with permission to use CPMS 2.0 we know of

| HCP | Permission obtained |
|--|---------------------------------------|
| University Medical Centre Ljubljana | DPIA completed |
| Radboud University Medical Centre Nijmegen | DPIA completed |
| AOU - Modena | DPIA completed |
| University Hospital and Faculty of Medicine Tübingen | DPIA completed |
| Helsinki University Hospital (HUS) | DPIA completed |
| Universitätsklinikum Schleswig-Holstein | DPIA completed |
| AOU Meyer - Florence | Case was uploaded, permission assumed |
| Foundation IRCCS CA'Granda Ospedale Maggiore polyclinic - Milan | Case was uploaded, permission assumed |
| General Hospital of Athens LAIKO | Case was uploaded, permission assumed |
| Leiden University Medical Center | DPIA approved, ICT pending |
| Children's Clinical University Hospital, Riga | Case was uploaded, permission assumed |
| Erasmus MC: University Medical Center Rotterdam | DPIA completed |
| Amsterdam University Medical Centers Location AMC | DPIA completed |
| Spitalul Clinic Judetean de Urgenta Cluj (Cluj County Emergency Clinical Hospital) | Case was uploaded, permission assumed |
| Hôpital Universitaire de Bruxelles(HUDERF-Erasme) | Case was uploaded, permission assumed |
| Aarhus University Hospital | DPIA completed |
| Maria Sklodowska-Curie National Research Institute of Oncology (MSCNRIO) | Case was uploaded, permission assumed |
| AO City of Health and Science - Turin | Case was uploaded, permission assumed |
| Katholisches Klinikum Bochum | Case was uploaded, permission assumed |
| AO City of Health and Science – Turin | Case was uploaded, permission assumed |
| MHAT "Sveta Marina" | Case was uploaded, permission assumed |







CPMS 2.0 Goes Mobile

New CPMS 2.0 App Now Available for Download

- Consult & join meetings on the go
- Real-time notifications for messages & updates
- Secure communication with two-factor authentication
- ✓ Respond during rounds or while traveling no desktop needed











Download the CPMS 2.0 App now

Go to the app store and download the CPMS 2.0 App (scan code below)

Login with your EU Login details and use the EU Login App to authenticate yourself –

just like in the desktop version















New MTG meeting structure

Proposal for structured agenda in CPMS 2.0 Meetings

- Main agenda point
 - General care discussion
 - Thematic case collection around a specific disease or clinical question
 - Presentation of particularly interesting or instructive cases
- Slots for case discussions

Rescheduling of MTG meeting series in CPMS 2.0

- See meetings section in CPMS 2.0 for the meetings you are invited to
- Check website for accurate dates and times







MTG meeting status

| MTG | Next date | Main agenda point? | Case scheduled? |
|-------|--------------------|---|---|
| MTG 1 | 1st Oct @15:00 | | LSmo (follow-up discussion)? |
| MTG2 | <mark>TBD</mark> | | |
| MTG3 | 24th Sep @13:30 | | |
| MTG4 | <mark>TBD</mark> | | |
| MTG5 | 1st Sep @15:00 | Case of hypopituitarism | |
| MTG6 | 19th Sep @13:00 | | CushingC? |
| MTG7 | 3rd Sep @16:00 | Care pathways in CAH | |
| MTG8 | 1st Oct @9:00 | Care discussion treatment with β -blockers or Triac in RTH β patients | Myanna2? Ramona Curticapean? Leonardo Xenon 705 |



New website resources





Short videos

Go visit the Endo-ERN website to check out new training materials including snippet videos on how to use the new app!

Ukraine patients

Ukrainian clinicians can use CPMS 2.0 for patient case consultations Coordination will be handled via the hub



New website resources





1/1 Support

Running into issues or have questions on CPMS 2.0?

--> Use the <u>booking software</u> on our website to schedule a 15-min call with the Operational Helpdesk

Index

Virtual Consultations

CPMS 2.0

Log-in

HCP Permission&Consent

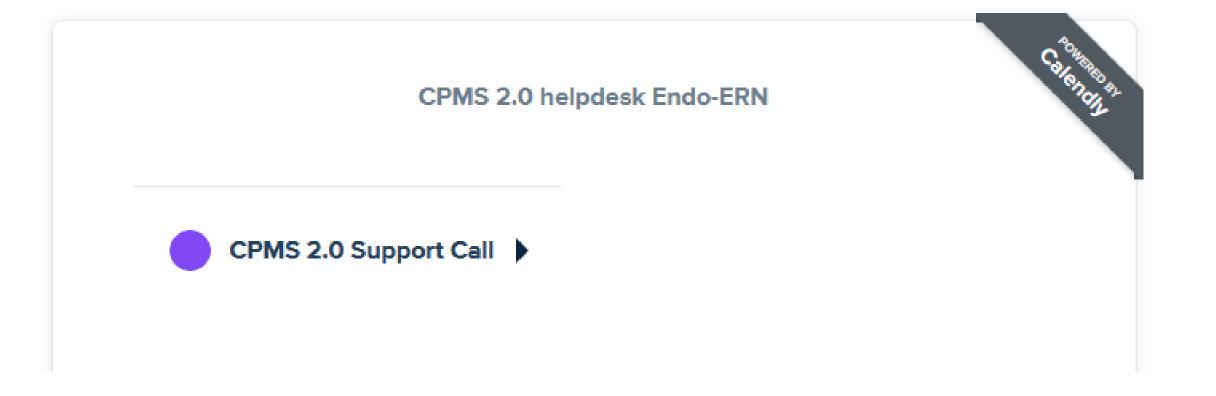
Manuals&Guides

CPMS Recurring Meetings

Ukraine

1/1 Support

Schedule a Meeting







Work Package 5

EuRREB Registries, Data Management and Analysis

Update on activities

Natasha Appelman-Dijkstra

EuRREB Coordinator











New cases in 2025

9635

630

e-REC

active centres

• 87 centres (82%)

August 2025

• 94 centres (90%)

75% by 2027

Grant indicator:

Core Registry

centres with cases

Grant indicator: 50% by 2027

December 2024

December 2024

• 31 centres (29%)

August 2025

• 40 centres (38%)







Key Performance Indicators (KPIs) planning

- In collaboration with Coordination proposed KPI 1:
 - Time to diagnosis in the expert center
 - Proposed KPI 2:
 - e-REC to CORE ratio









Study Groups and Working Groups

New Module

MEN 1 (in testing phase)

New Working Groups

- Pregnancy and fertility (module beta-version in testing phase)
- Hypoparathyroidism (in starting phase)





NEW: MEN 1 module





| Basic module Genetic testing Follow up | | | | |
|---|---|--|---|--|
| Patient history | | | Clinical manifestation | |
| Assessment Date Type of diagnosis | 2 | predictive testing as child of an affected parent Cascade screening because a new diagnosis of MEN1 in (first-degree) relative Genetic testing because of clinical phenotype or a clinical/familial diagnosis Clinical diagnosis (2 MEN1 main tumors) One MEN1 main tumor plus a diagnosis of MEN1 in first-degree relative(s) | Has the patient ever been diagnosed with? | Primary hyperparathyroidism Pituitary adenoma DP neuroendocrine tumours (NET) Lung NET Thymus NET Gastric NET Distant metastasis from a NET Adrenal lesions Skin lesions |
| MEN1 affected first-degree relatives | • | Mother Father Brother(s) Sister(s) Children | | Other manifestations |
| First MEN1-related clinical manifestation | 2 | Primary hyperparathyroidism Pituitary adenoma DP neuroendocrine tumours (NET) Lung NET Thymus NET Gastric NET Distant metastasis from a NET Adrenal lesions Skin lesions Other manifestations | | |











EuRREB Symposium

12 September 2025 Academy Building, Rapenburg 73, Leiden, the Netherlands

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|---------------|--|-----------------------------|
| 09:30 - 10:00 | Registration - Welcome coffee and tea | |
| 10:00 - 10:05 | Opening | Natasha Appelman-Dijkstra |
| 10:05 - 10:25 | Registries and ERN's | Luca Sangiorgi |
| 10:25 - 10:45 | 5 years of European Registries of Rare Endocrine and Bone Conditions | Ana Priego Zurita |
| 10:45 - 10:55 | The Melorheostosis module: a collaboration between ECTS, ERN BOND and EuRREB | Martine Cohen Solal |
| 10:55 - 11:05 | The LCH module: a collaboration between ERN BOND, ERN-EuroBloodNet and Endo-ERN | Polyzois Makras |
| 11:05 - 11:15 | Outcomes of the FD/MAS module | Sophie Huisman |
| 11:15 - 11:25 | The Rare Hypophosphataemia module | Alexandra Ertl |
| 11:25 - 11:35 | Contributing to the Achondroplasia module: a student experience | Chady Omara |
| 11:35 - 11:45 | The importance of a pregnancy module | Claudia Finis |
| 11:45 - 12:05 | Discussion: How to proceed with the first modules? | Facilitated by Faisal Ahmed |
| 12:05 - 12:25 | Coffee break | |
| 12:25 - 12:45 | Remodeling an existing rare disease registry to be used in regulatory context | Marina Mordenti |
| 12:45 - 13:00 | Ethics approval and data sharing process | Tess de Rooij |
| 13:00 - 13:20 | FAIR Data Stewardship | Bruna Dos Santos Vieira |
| 13:20 - 13:40 | Rare Disease Registries – seeing the forest for the trees | Faisal Ahmed |
| 13:40 - 13:50 | Closing words and group picture | Faisal Ahmed/Tess de Rooij |







WP6 Education and Training

Violeta Iotova, Kami Markovska, Sevim Zekeries, Manuela Brösamle, Petra Bruegmann



Endorsements

- 12 endorsed events for 2025 so far
- **NOTE** for those interested in receiving an Endorsement:
 - General requirements of the Network
 - Follow-up info required

Members can apply for endorsement for their locally organised educational events

Endorsed events are promoted on the Endo-ERN channels

Application should be received at least 6 weeks before the event

All criteria can be found on the website: https://endoern.eu/members/endorsement/





Clinical Exchange

- 6 Approved
 Applicants for 2025
 (3/6 completed)
- Call for 2026 will be open from October 1 until November 30
- Possible prolonging of the exchange period in process



Webinars& Accreditation





Webinars

- REMINDER: MTGs need to provide a minimum of 2 webinars per year-omitting summer months (July-August)
- Organizing a webinar needs to be reported to WP6 at least 6 weeks in advance
- NOTE: A webinar will be processed <u>after</u> the Webinar Planning Form is submitted

Webinars per MTG for 2025 so far

| MTG1 | 3 Webinars |
|-------|------------|
| MTG 2 | 1 Webinar |
| MTG3 | 0 Webinars |
| MTG4 | 0 Webinars |
| MTG5 | 2 Webinars |
| MTG6 | 4 Webinars |
| MTG7 | 4 Webinars |
| MTG8 | 1 Webinar |

Accreditation

- Accreditation means more registrants and attendees
- Minimum 5 webinars per accreditation pack
- 1 more webinar required to complete the yearly target from the EU Commision

Upcoming Webinars 2025



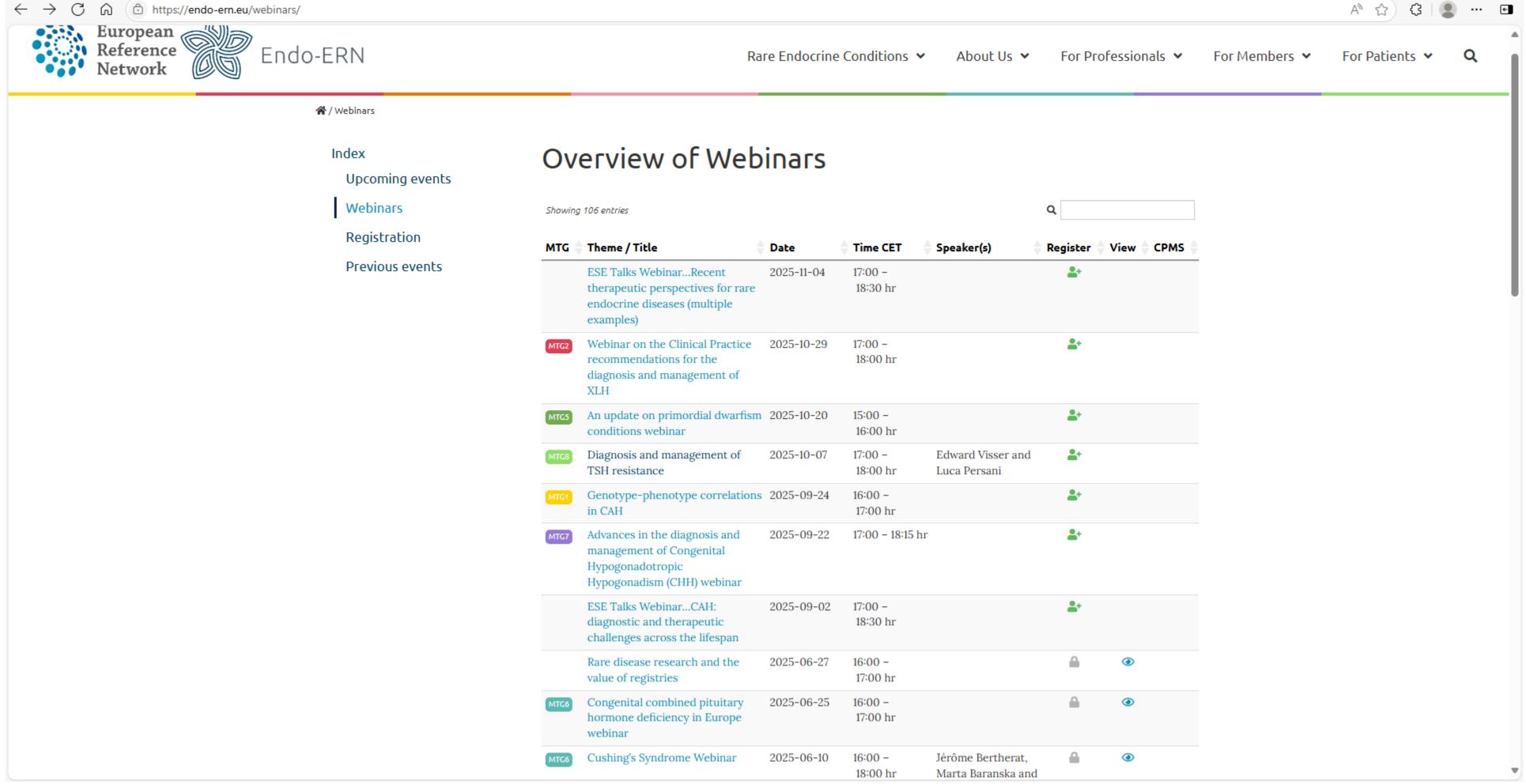


| MTG | Title | Date |
|-----|--|-------------------|
| 2 | Clinical Practice recommendations for the diagnosis and management of XLH | November 4,2025 |
| 5 | An update on primordial dwarfism conditions | October 20,2025 |
| 8 | Diagnosis and management of TSH resistance | October 7,2025 |
| 1 | Genotype-phenotype correlations in CAH. | September 24,2025 |
| 1 | Advances in the diagnosis and management of Congenital Hypogonadotropic Hypogonadism (CHH) | September 22,2025 |













WP7 Clinical Practice Guidelines & Clinical Decision Support Tools

Olaf Dekkers, Anna Nordenström, Charlotte Gaasterland, Jette Kristensen, Alessandro Lazzerini, Diana Vitali





Work package members









Alessandro Lazzerini 🙀 ePAG representative

Spanish Association of Congenital Adrenal Hyperplasia (CAH) (Spain)



Olaf Dekkers Adult chair

Leiden University Medical Center (Leiden , Netherlands)



Diana Vitali 🏠 ePAG representative

SOD ITALIA – Italian organization for septo optic dysplasia and other neuroendocrine disorders (Roma, Italy)



Jette Kristensen 🙀 ePAG representative

Addison Foreningen Danmark (Denmark)



Dr. Charlotte Gaasterland Guideline methodologist LUMC, department of Epidemiology





Main goal WP 7





| | | • | | | |
|-------------|---|-----|----------|----------|----|
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| VI | a | 111 | go | a | ۱. |

- To develop EndoERN clinical practice guidelines and decision-making tools for identified subject areas. Focus on identifying knowledge gaps and guideline needs.
- ☐ Key considerations include:
 - Covering the transition from pediatric to adult endocrinology and
 - Ensuring alignment with EndoERN's core objectives
 - Patient perspectives and needs will be central to the guideline development process,
 - Patients have an active involvement.
- \Box The impact of the guidelines will be assessed, and methodological support provided.
- $oldsymbol{\Box}$ A previous guideline on puberty treatment was published in 2022 and has received significant citations.



Collaboration

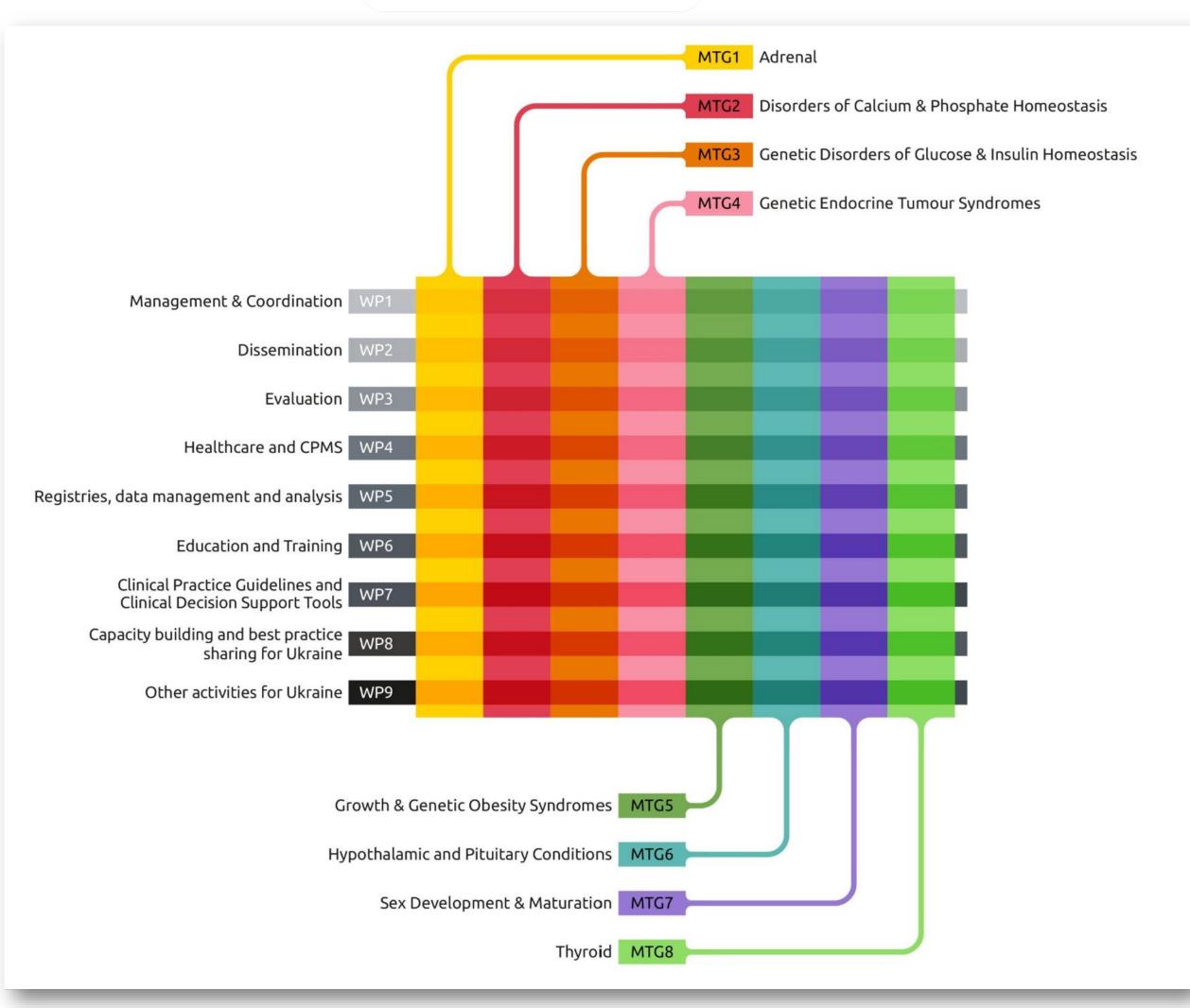
Work Packages 2 and 6

Vital for:

- Education
- Training, and
- Guideline dissemination efforts.
- Development of infographics for clear communication of key guideline messages.
- ☐ Standardized presentation of guidelines will be pursued to enhance recognition.













Endo-ERN Guidelines

Pubertal induction and transition to adult sex hormone replacement, Published April 2022 J Journal Endocrinology

Familial Hyperaldosteronism, Published April 2024, presented ECE May 2024

Transition in collaboration with MTG 6, initiated







Next CPG topics

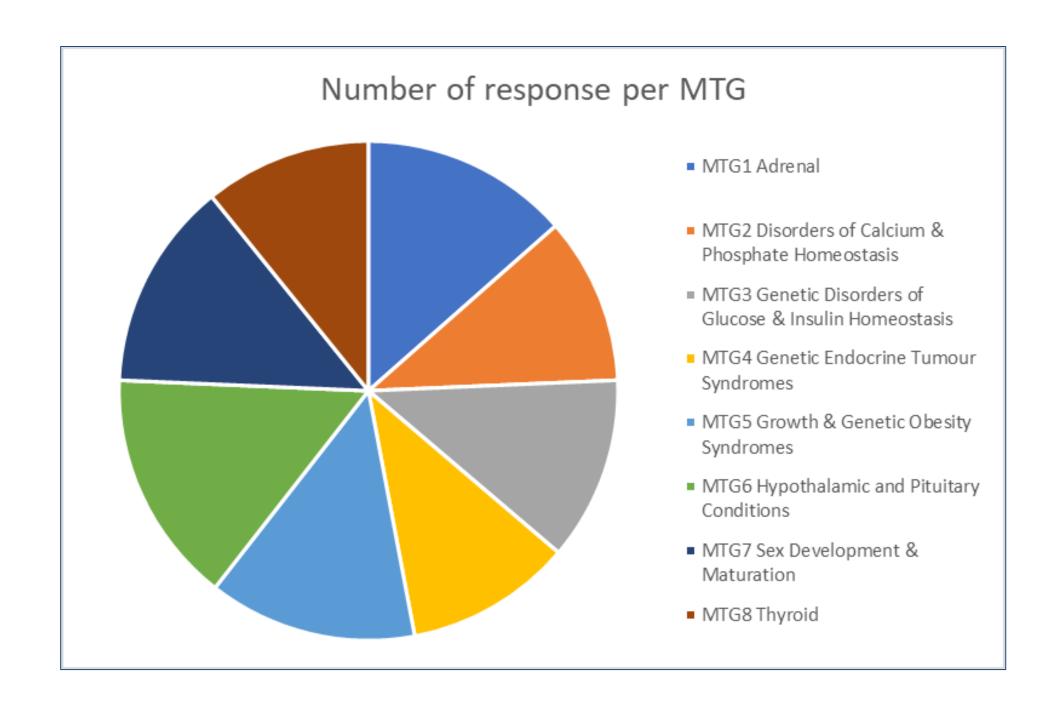
- WP7 asks all members for theme suggestions in a survey
- WP7 will comment on the feasibility of the topics from a methodological point of view
- These topics plus comments will be discussed with the Steering Committee, who will then make a decision







Survey



Top voted topics (exclud. new suggestions):

18 votes - Hypothalamic obesity treatment and management (of craniopharyngioma) in children and adults (MTG5/6)

14 votes - Replacement treatment in hypoadrenalism: focus on monitoring target (MTG1)

14 votes - Diagnosis and Lifelong Management of Congenital Pituitary Deficiencies (MTG6)

11 votes - Prader Willi (MTG5)

Suggestion

Start with two topics in parallel

Publish at least one guideline per year in years 2-4

Assess impact?
Downloading
Referenced







Replacement treatment in hypoadrenalism: focus on monitoring target (MTG1)



Hypothalamic obesity treatment and management (of craniopharyngioma) in children and adults (MTG5/6)







Standard Operating Procedures for the development process, methodology, and endorsement of CPGs

- SOP on guideline process & methodology is drafted
- SOP on endorsement is still in development
- No clear strategy in other ERNs – we are currently building a network with other ERN methodologists to discuss this issue







MTG specific CDSTs

Clinical Decision
Support Tools





This patient leaflet is based on the European Society of Endocrinology (ESE) and Endocrine Society (ES) Joint Clinical Guideline on the diagnosis and management of glucocorticoid-induced adrenal insufficiency. It has been written by an international panel of experts who were involved in the development of the Guideline. The Joint Guideline is designed to help clinicians manage patients who have, or are at risk of developing, glucocorticoid-induced adrenal insufficiency. You can read the guideline in the European Journal of Endocrinology (2024) and the Journal of Clinical Endocrinology and Metabolism (2024).





For discussion:

Lay versions, how and what format?

Patient involvement.

Translate
 guidelines into
 multiple languages





Transversal Working Group on Genomic Testing

Thomas Eggermann (University Hospital Aachen, Germany) **Dirk Prawitt** (Center for Paediatrics and Adolescent Medicine, University Medical Center, Mainz, Germany)





Status





Currently 24 participants from 8 different countries

Virtual meetings: bimonthly

ESHG – ERN collaboration/mutual endorsement: nomination of communication managers (E. White) and liaison managers (TE, DP (provisionally until formal vote)), first ESHG-liaison manager meeting on Sept 2nd/9th 2025

In preparation:

Matrix overview about the genetic expertise available in the ENDO-ERN: a survey is in preparation

| | | | | | | | | | | | | Involvement | t Testing for |
|----------------|-----------|---------|--------------------------------------|--------------|-------------|-----------------|-----------------|-----------------|----------------|----------------|-----------------------------|-----------------|---------------|
| | | | | | | | | | | | relevant | in | research |
| НСР | Country | City | Representative(s) | Accreditatio | nmethods | disease 1 | disease 2 | disease 3 | disease 4 | disease 5 | papers | Guidelines | possible |
| Department o | Cyprus | Nicosia | Leonidas Phylactou, Vassos Neocleous | ISO 15189 | NGS, Sanger | , CAH | MEN2 | MODY | Hypogonado | tropic Hypogo | na <mark>38637882;</mark> 3 | 31505704; 29396 | J€Yes |
| University Hos | s Germany | Aachen | Thomas Eggermann, Miriam Elbracht | ISO 15189 | (MS)MLPA, M | 4FSRS | BWS | upd(20)mat | PWS | TNDM | | PMID: 275859 | 9 yes |
| University Med | Germany | Mainz | Dirk Prawitt, Joachim Pohlenz | ISO 15189 | RT-PCR (rea | rr Heritable th | yr Endocrine tu | ın Abnormal gro | wth, Imprintir | ng Defects (BW | S 32462478, 3 | 35 PMID: 332720 | 20 yes |



Joint paper (in preparation): "What the endocrinologist expects from genetic testing and reporting"





Contents:

| | Topic |
|---|---|
| 1 | When is a genetic test appropriate, including regulatory aspects, when is it allowed? |
| 2 | Standardised genetic testing procedures (cytogenetics, molecular cytogenetics/array, single |
| | gene analysis vs targeted panel vs WES vs WGS) What is optimal? |
| 3 | How to achieve a standardized genetic testing quality? |
| 4 | Standardized reports addressing the needs of the clinicians |
| 5 | Germline and somatic genetic testing have to be considered |
| 6 | How to deal with VUSs, Recall of VUS |
| 7 | Incidental/Secondary findings |
| 8 | Common research activities |
| 9 | How is genetic testing reimbursed across Europe |

- Author teams are working on the different topics







Feel free to contact us at any time!

Ideas/Suggestions/Contacts are welcome, preferably from every MTG

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Transversal Working Group on Transition in Care

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Endo-ERN 'Transition of Care' Working Group composition

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Transition of Care Working Group activities

- 1. Completed (as partly reported at Endo-ERN GA)
- Group formation and approval
- Literature research
- Bilateral coordination meetings with sister ERNs
- 7th TALENT meeting in Rome
- Development of ToC e-Survey, data analysis and draft of manuscript (submission in progress)

2. In progress

- Development of <u>checklists</u> for transition of patients with defined conditions
- ERN Overarching transition group activities
- ESE / ESPE transition coordination meetings
- 3. Organization of the 8th TALENT Conference meeting
- 11-13th February 2026 in Rome, Italy

Checklist for Transitioning Patients with Congenital Hypogonadotropic Hypogonadism (cHH)

(To be completed by the referring paediatric endocrinologist and shared with the receiving adult endocrinologist)

| • | D - 42 4 | T C | - 42 |
|---|----------|--------|-------|
| | Patient | Intorm | arion |
| | | | |

| • | Date of Birth:/ | Gender: □ Male □ Female |
|------|---|--|
| Esse | ential Information for the Adult Endocrinologist Diagnosis of cHH confirmed at age: GnRH (or dynamic) testing: □ Yes (□ Attached) [Presence of cryptorchidism: □ Yes □ No □ If yes, side and treatment: Olfactory function assessment performed: □ Yes □ If yes, anosmia / hyposmia / normal: Genetic analysis performed: □ Yes (□ Attached) [□ If yes, result: MRI of the CNS performed: □ Yes (□ Attached) [| Dose & route of administration: Semen analysis / cryopreservation performed: ☐ Yes (☐ Att |
| | o If yes, result: | Crucial Monitoring Parameters • Sex hormone levels (T / E2), liver function tests, complete blee of the line of |
| | Growth chart: \(\subseteq \text{Ves. attached } \subseteq \text{No.} \) | Adolescent-Specific Considerations Counselling on smoking impact on fertility potential provid Concerns regarding body image and mental health address Sexual health counselling provided: ☐ Yes ☐ No Timing of first semen analysis (if applicable) discussed: ☐ Yes ☐ If yes, specify: |

Date and time of next appointment with adult endocrinolog

· Name and contact of information of the adult endocrinologic

Checklists for transition of patients with specific conditions





| Semen analysis / cryopreservation performed: \square Yes (\square Atta | iched) [| □ No |
|---|----------|---|
| o If yes, specify: | | |
| o Last evaluation date: / (□ Attached) | | |
| Presence of associated pituitary deficiencies: \square Yes \square No | | |
| o If yes, specify: | | |
| Current therapy: | | |
| Reproductive goals discussed with patient: \square Yes \square No | | |
| o If yes, specify: | | Additional specialists currently involved (e.g., urologist, gynaecologist, psychologist |
| cial Monitoring Parameters | | |
| Sex hormone levels (T / E2), liver function tests, complete b | | Current active issues to address (cognitive aspects, school, work, compliance): |
| o Last evaluation date: / (□ Attached) | • | Current active issues to address (cognitive aspects, school, work, compliance). |
| Ultrasound: Testicular volume / uterine morphometry: | | |
| o Last evaluation date: / (□ Attached) | 6. Ref | erring physician |
| Bone age: | | |
| Last evaluation date: / / (□ Attached) | | Name, surname: |
| Bone health (DXA scan): | | Hospital, division and specialty: |
| o Last evaluation date: / (□ Attached) | • | Contacts (e-mail / phone number): |
| | | |

Identified conditions

- Congenital hypogonadotropic hypogonadism
- X-linked hypophospatemia
- MEN1
- Prader-Willi Syndrome
- AVP deficiency
- Turner syndrome / Klinefelter syndrome
- Congenital hypothyroidism

ToC Working group e-Survey



Endo-ERN 'Transition of care' survey for rare endocrine disorders

Dear Participant,

Thank you for taking the time to participate in this survey, developed by the Endo-ERN 'Transition of Care' Working Group.

This survey aims to explore current practices, challenges, and strategies in managing the **transition of care** for patients with **rare endocrine diseases** across different healthcare providers and institutions. The questions address key aspects of evaluation, treatment, follow-up, and multidisciplinary collaboration during the **transition from pediatric to adult care**.

Survey Details:

- Estimated completion time: 15-20 minutes.
- All responses will be treated as **confidential** and will be used exclusively for research purposes within the framework of Endo-ERN.

At the end of the survey, you will also have the opportunity to share **comments** or **suggestions** to further enhance this research.

If you have any questions or need further clarification, please feel free to contact us at:

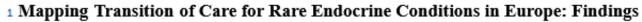
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Thank you for your valuable contribution!

Endo-ERN Transition of Care Working Group

START SURVEY NOW



2 from a Cross-Sectional Survey by the Endo-ERN ToC Working Group

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ToC Survey draft

- Data analysis (w/ C. Gaasterland) completed
- Manuscript circulated among ToC WG members
- Feedback collected and integrated
- Submission underway to EJE / Endo Connections









8th Conference Meeting

An Endo-European Reference Network and Heal Italia Foundation PNRR Spoke 4 EU grant event

ROMA 11.12.13 FEBBRAIO 2026

Oratorio del Gonfalone



8th TALENT Conference Meeting





11-13th February 2026 in Rome, Italy – 3 Days full of...

- 8 Main thematic groups-specific sessions
 - 24 lectures with international-level speakers and 16 moderators
- 'Voices in Transition': roundtable between physicians and patient representatives

Objectives:

- 1) Highlight gaps and best practices in transition of care
- 2) Foster dialogue between clinicians and patients
- 3) Gather input for future guidelines and Endo-ERN projects

Endorsement (granted / underway) by:

- Endo-ERN
- European Society of Endocrinology (ESE)
- European Academy of Andrology (EAA)
- European Neuroendocrine Association (ENEA)
- Italian Society of Endocrinology (SIE), Italian Society of Diabetology (SID), Italian Society of Andrology and Sexual medicine (SIAMS), Italian Society of Paediatric Endocrinology and Diabetology (SIEDP), etc...







Cooperation

ERN Overarching Transition Group

- ✓ Regular Meetings (next 02/09/2025)
- ✓ Workshop in Ghent (27/02 01/03/2026)
 Participation of Paediatric, Adult and Young
 Patient Representative
- ✓ ERN Overarching Transition Group Survey

ESE-ESPE Transition of Care Working Group

- ✓ Monthly meetings
- ✓ Recommendations close to submission





Other RD Project updates

Charlotte van Beuzekom, Project Manager Endo-ERN











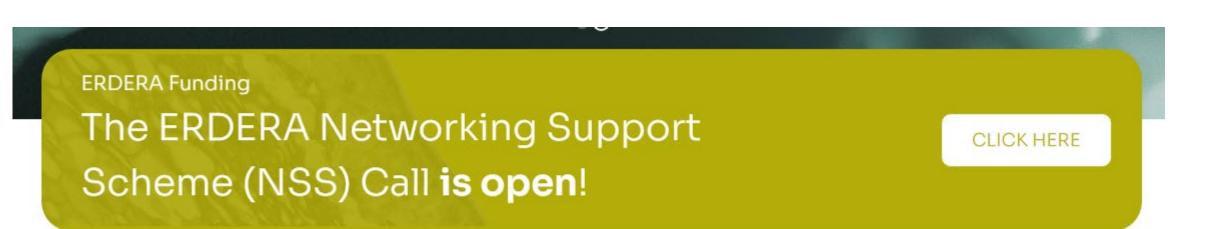
JARDIN

- Task 6.2, care pathway development
- JARDIN surveys



ERDERA

- Networking Support Scheme
- General Assembly 29-31 October 2025, Amsterdam UMC





www.erdera.org





AOB & questions



