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**Global Alström Virtual Conference**

**Friday 4th December 2020: 2:00 – 6:30 pm (UK, GMT)  
Saturday 5th December 2020: 2:00 – 8pm (UK, GMT)**

**Friday 4th December 2020  
Scientific Symposium**

2:00 – 2:10 pm **Welcome from Ann Chivers, ASUK Chief Executive**

**Around the world with Alström Syndrome (AS)**

2:10 – 2:30 pm **Research and Insights from China**   
Qianwen Zhang,   
Dr. Xiumin Wang, Chief of Department of Endocrinology, Genetics and Metabolism.  
Shanghai Children Medical Center

2:30 – 2:50 pm **Insights from France**  
Dr. Vincent Marion  
Team Leader at National Institute for Health and Medical ResearchHôpitaux Universitaires de Strasbourg

2:50 – 3:10 pm **Research in Edinburgh**; role that unhealthy fat tissue plays in the diabetes, heart and liver problems seen in AS.  **Dr Rob Semple**Chair of Translational Molecular Medicine  
Centre for Cardiovascular Science, University of Edinburgh

3:10 – 3:30 pm **Q&A session**, with researchers

3:30 – 3:40 pm QUICK BREAK

3:40 – 4:00 pm **Exploring the new Clinical Guidelines**  
Prof. Pietro MaffeiConsultant Endocrinologist  
Padua University, Italy

4:00 – 4:20 pm **Exploring new Clinical Management for Adult’s**   
Dr Tarek Hiwot  
Consultant in Inherited Metabolic Disorders, AS Adult Clinical Lead  
University Hospital, Birmingham

4:20 – 4:40 pm **Exploring new Clinical Management for Children**  
Prof. Tim Barrett  
Professor of Paediatric Endocrinology, AS Paediatric Clinical Lead  
Birmingham Women's and Children's NHS Foundation Trust

4:40 – 5:00 pm **Q&A session** with Pietro, Tarek and Tim

5:00 – 5:20 pm The development of **European Reference Networks**  
Marina Valenti  
Italian Association Alström Syndrome, Padua, Italy

5:20 – 5:40 pm **Use of Telemedicine** in a highly specialised service  
Kerry Leeson-Beevers  
ASUK National Development Manager

5:40 - 6:00 pm **Q&A** session with Marina and Kerry

6:00 – 6:10 pm **Future hope, discoveries and working together**Round-up with Ann Chivers

**Day 2 Health and Wellbeing**

**Around the world with Alström Experts**

**Chaired by Ann Chivers, ASUK Chief Executive**

2:00 – 2:10 pm **Welcome from Robin Marshall**   
Executive Director, Alström Syndrome International (ASI)

2:10 – 2:30 pm Summary from **Scientific Symposium**Ann Chivers,ASUK Chief Executive

2:30 – 2:50 pm **Covid-19 update and Guidelines for Adult’s**   
Dr Tarek HiwotConsultant in Inherited Metabolic Disorders, AS Adult Clinical Lead  
University Hospital, Birmingham

2:50 – 3:10 pm **Covid-19 update and Guidelines for Children**   
Prof. Tim Barrett  
Professor of Paediatric Endocrinology, AS Paediatric Clinical Lead  
Birmingham Women's and Children's NHS Foundation Trust

3:10 – 3:30 pm **Q&A session** with Clinicians

3:30 – 3:40 pm QUICK BREAK

3:40 – 4:00 pm **Healthy Hearts, Healthy You**   
Dr Rick Steeds  
AS Adult Cardiac Consultant   
University Hospital Birmingham

4:00 – 4:20 pm **Healthy Minds, Healthy You**   
Sarah Turner, Assistant Psychologist  
Birmingham Women's and Children's NHS Foundation Trust

4:20 – 4:40 pm **Live life on the Veg!**  
Catarina Leal, Paediatric Diabetes Dietitian  
Birmingham Women's and Children's NHS Foundation Trust

4:40 – 4:50 pm QUICK BREAK

4:50 – 5:00 pm **Journey to Independence, personal perspective from America**Jamie Seegar

5:00 – 5:20 pm **Technology I wouldn’t be without**  
Alex Griffiths-Rayson

5:20 – 5:50 pm **Stay Safe Online**  
 Keeping you and your loved ones safe online,  
 Robin Watts

5:50 – 6:10 pm **Q&A session**

6:10 – 6:30 pm Ann rounds up the day

6:40 – 6:50 pm **Jamie** finishes with a rendition of ‘I did it my way’ on the piano!!

6:50 – 7:00 pm QUICK BREAK before ‘Time to chat’ starts…

Grab your new link to one of the chat rooms and join at 7:00pm

**Time to Chat**

7:00 – 8:00 pm **Room 1** Cooking up a storm, gadgets that help   
(Carrol and Chris)

7:00 – 8:00 pm **Room 2** Growing up with AS, empowering independence   
(Alex and Melissa)

7:00 – 8:00 pm **Room 3** Exercise and the feel-good factor   
(Dr Richard Paisey)

7:00 – 8:00 pm **Room 4** Support from the community for those recently diagnosed (Kerry Leeson-Beevers)

*Please note this agenda may be subject to change due to circumstances outside of our control.*